

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

It was lovely seeing so many members of our school community here at school on Wednesday, wearing pink clothing and supporting **Pink Ribbon Day** with its commitment to supporting breast cancer research and treatment. It was also terrific to see community support during the **Pink Parade walk around the school track during the elementary lunch**. Unfortunately, Mr. Wallace failed to wear the anticipated pink tutu!

Please note that the school office will send home updated Emergency Telephone Tree lists today. Please be sure to review your contact details and inform the school of any changes or errors, and please also ensure that you know your place on the tree and that you keep it close at hand. The following IST website link provides further explanation about our emergency procedures if you would like to learn more: <https://www.istianjin.org/emergency-procedures/>

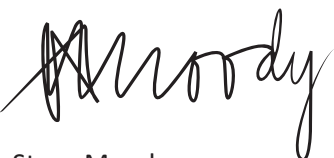
As many of you will be aware, IST provides a peripatetic instrumental programme where students can receive small group or individual lessons here at school. One of the popular options is beginning piano for our lower elementary students on Wednesdays, and we were very pleased to be able to offer the services of a new teacher who is also a post-graduate student at Juilliard. Unfortunately, however, the teacher withdrew at the last minute (on Wednesday!) which meant that we needed to suspend the classes for the day. **We are trying to find a replacement piano teacher for beginners** as soon as possible and I am therefore reaching out to parents to see whether or not any of you happens to feel confident enough to provide such lessons or knows someone else that might be suitable. The critical challenge is that the person must have sufficient English so as to be able to communicate with the students. IST music teacher Mr. Grove is willing to cover the classes for the next week or two to bridge the start date, if necessary, so we do have a little flexibility. If you are interested or know someone, please email Mr. Grove at casey_grove@istianjin.org.cn Thank you!

As mentioned last week, each of the three IB programmes has a culminating project (Extended Essay in IB Diploma, Grade 10 Personal Project in MYP, and Grade 5 PYP Exhibition), and **we are delighted to welcome community members into school next Wednesday evening to celebrate the Grade 5 PYP Exhibition, starting at 6:15PM in the Han Theatre**. Congratulations to our wonderful Grade 5 students on their learning journeys and on their class and individual presentations.

A reminder also that **Season 3 of CCAs begins on Monday**. Please ensure that both you and your children are aware of the given days of the week that they are registered for activities, and please make any necessary arrangements for school transportation, including having adults waiting at bus stops for younger children.

Finally, I am delighted to share the news that IST parent and employee **Frances Tschoepel returned home this week** following an extended stay in hospital. It has been an incredibly difficult time for the Tschoepel family, and we are all so very pleased to know that Frances is now home and convalescing well. All good things to you Frances!

All the best for a terrific weekend!



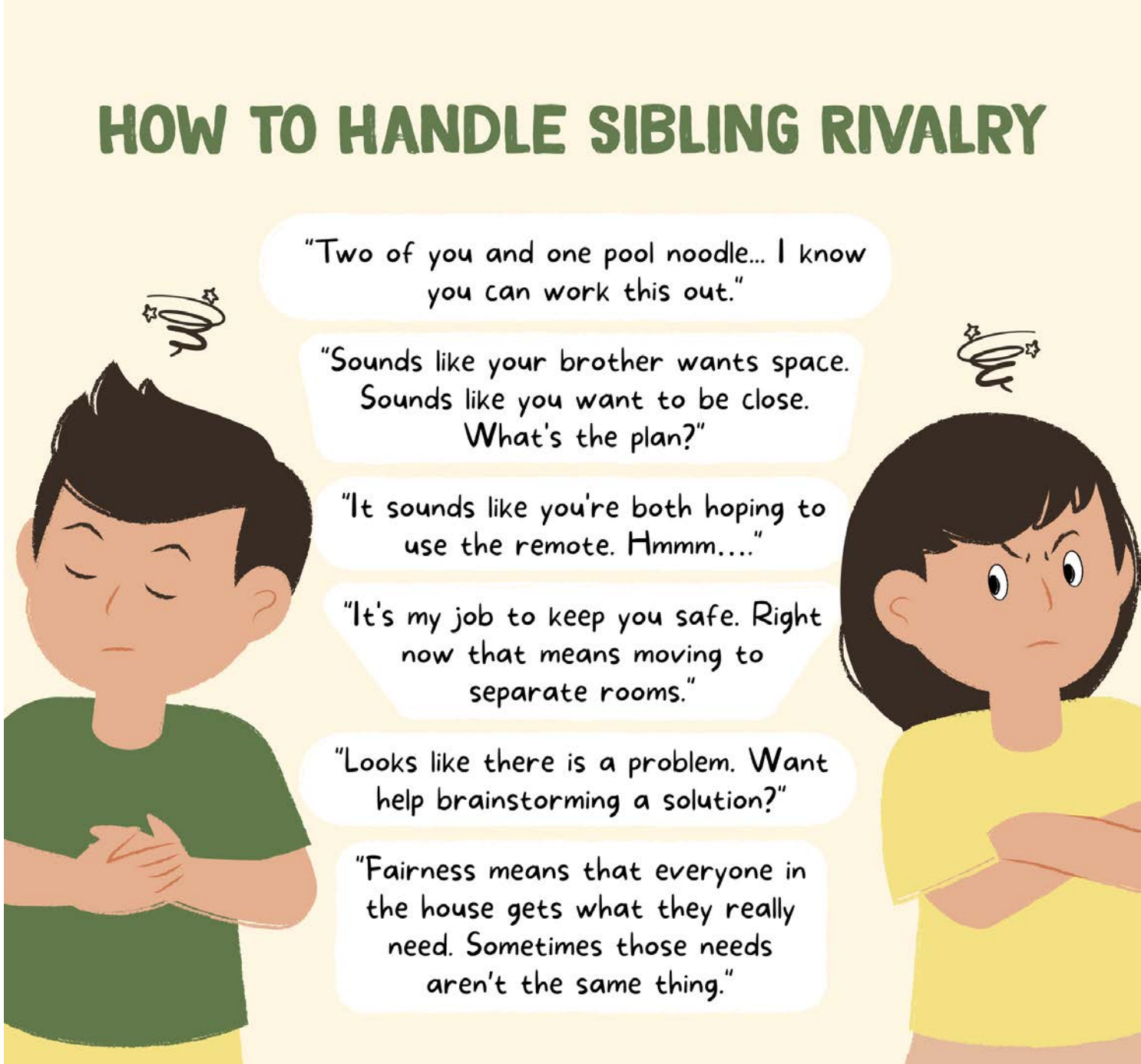
Steve Moody
Director



the Parent Partnership

If you have more than one child, sibling rivalry is guaranteed to happen. No matter how nicely your children are playing one minute, the next minute might bring tears, name-calling and even fights. Even though sibling fighting is a common occurrence in families, it can be difficult to manage if parents don't have the right tools. While you can't stop sibling rivalry entirely, you can reduce its frequency. This means less yelling from the next room and more peace in your home! Here are some tips you can take to reduce overall competition between your children.

HOW TO HANDLE SIBLING RIVALRY



"Two of you and one pool noodle... I know you can work this out."

"Sounds like your brother wants space. Sounds like you want to be close. What's the plan?"

"It sounds like you're both hoping to use the remote. Hmmm...."

"It's my job to keep you safe. Right now that means moving to separate rooms."

"Looks like there is a problem. Want help brainstorming a solution?"

"Fairness means that everyone in the house gets what they really need. Sometimes those needs aren't the same thing."

BLAZE



WEEKLY

Working Learning Acting TOGETHER

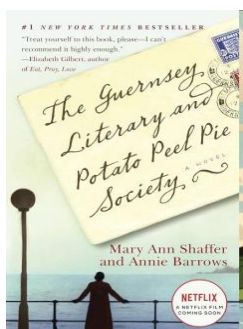
IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Panda Book Winners

The results are in! Here are the winners for each Panda Book category.

Parent Book Club—March 19th @ 8:30 a.m. in the library

Our next Parent Book Club selection is the novel *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows. We will meet to discuss this book on March 19th, in the library. The library has copies of the book in English, Chinese, French and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.

Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30

THE

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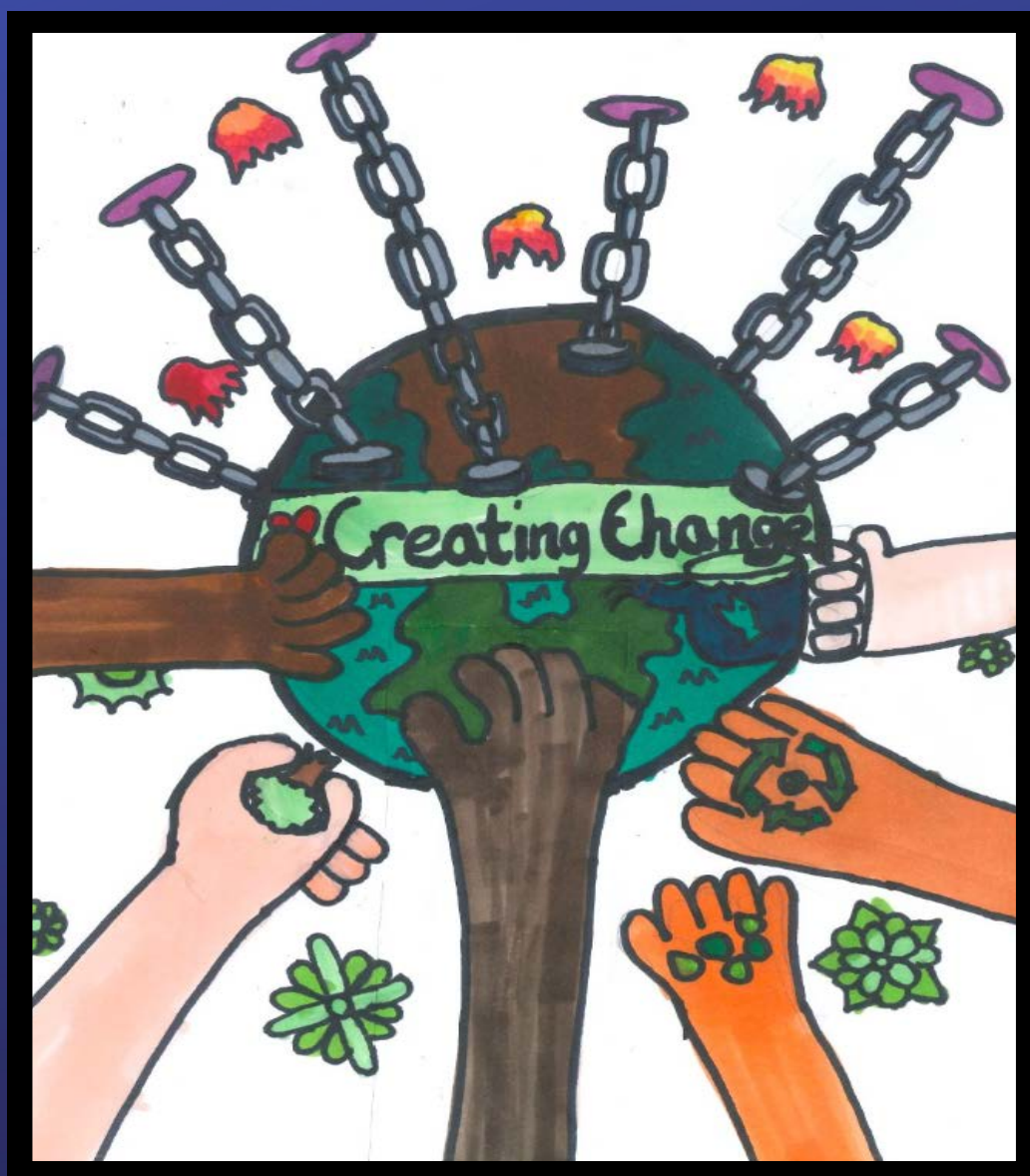
FRIDAY 8 MARCH 2024



 International School of Tianjin

Grade 5

PYP EXHIBITION



IST THEATRE

6.15 PM-7.30 PM

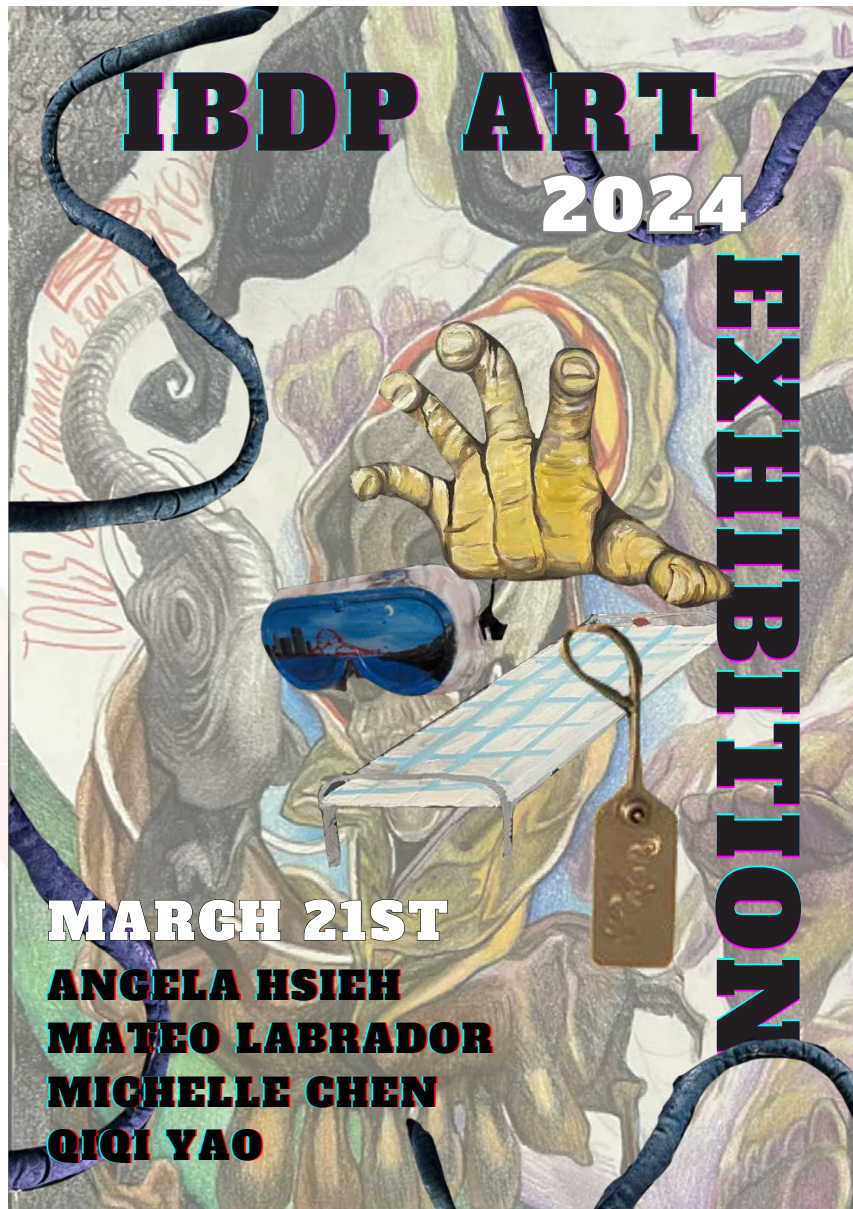
WEDNESDAY 13 MARCH 2024

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We're thrilled to announce that this year's IBDP Visual Arts Exhibition is finally here! Join us at the Han Theatre as we showcase the incredible talent and hard work of our Grade 12 Art students. Despite facing numerous challenges over the past two years, they've poured their hearts and souls into creating this stunning exhibit, which is a crucial part of their final assessment.

But wait, there's more excitement in store! Our G11 Visual Art students will also be displaying one carefully selected artwork, gearing up for their own future exhibitions.

Mark your calendars for Thursday, March 21st, from 17:00 to 18:30, and get ready to be dazzled. And of course, what's a celebration without some delicious refreshments?

We extend our warmest invitation to our entire community to join us in honouring these talented artists and their achievements. Your support means the world to us, and we can't wait to share this special moment with you!

Kind regards
Gill Hunter-James
Head of Arts
MYP/DP Visual Arts Teacher

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ATHLETICS SEASON THREE IS UNDER WAY

The final athletics season of the year is upon us. Our high school students will be involved in football and badminton whilst our middle schoolers will be taking part in basketball. Practices started a couple of weeks ago. While our Badminton team prepares for the ISAC tournament in Beijing this coming weekend, and our basketballers get ready for their opening matches of the season next week, our footballers have already seen their first game come and go. Below you will see a review of the football teams' first games against Wellington College.

HS Boys Football vs Wellington @ Wellington (March 4th)

In a recent match against Wellington, the high school boys' football team demonstrated resilience, determination, and teamwork. At halftime, we found ourselves trailing 3-0, but our players refused to be discouraged. Inspired by the unwavering spirit of Jonas Tschoepel and Sigge Centerman, the entire team rallied together, communicating effectively and executing their game plan much more effectively in the second half.

As the second half unfolded, our team displayed exceptional build-up play, creating numerous scoring opportunities. This was a testament to the hard work and dedication put in by our players during training sessions. The result was a flurry of 5 or 6 strong opportunities, putting immense pressure on the opposing team's defense. Unfortunately, a strong keeper kept us off the scoreboard and we weren't able to get the ball in the back of the net.

Our keeper, Lu Sitong, deserves special recognition for his outstanding performance. His quick reflexes and strong saves kept the opponents off the scorecard in the second half as we ended the game 3-0. After a challenging start, our boys found their rhythm in the second half and will look to build on this in our future games.

We look forward to witnessing the continued growth and success of the high school boys football team in the upcoming matches. (Mr. Diegel)

HS Boys Football vs Wellington @ Wellington (March 4th)

In an exciting and quite cold season opener hosted by Wellington, the girls' high-school football team showcased a dominant performance. Right from the kickoff, the girls displayed their intent to control the game, focusing on applying constant pressure on Wellington's half to recover possession and launch swift counterattacks. Spearheaded by the formidable forward trident of Zhifei, Yuxin, and Ella, the team consistently disrupted Wellington's rhythm and created scoring opportunities through their relentless pressing.

Some glimpses of previously established synergies were evident as the team combined pace, skill, and creativity to unlock Wellington's defense. They showed some dynamism in their movements, and when they were calmed and composed enough, they were able to open gaps in Wellington's backline and ultimately capitalize on goal-scoring chances.

While creating countless offensive opportunities, we also maintained a solid defensive shape throughout the game.

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After a dominant opening fixture, the girls' high-school team has set the bar high for themselves, signalling their intent to conquer the challenges that lie ahead. (Coach Gabriel)

Upcoming games and tournaments

This Saturday our HS Badminton teams will travel to Beijing to take part in the ISAC Badminton tournaments. Our boys will travel to Keystone, while the girls will play at WAB.

On Monday, our HS football teams will host TIS in our first home games of the season. Please come through to create some spirit and support our teams.

Our MS Basketballers will play two games next week. The first on Tuesday where our boys will host Wellington and our girls will travel to Wellington. The second on Thursday where both teams will travel to TIS.

Please wish our team luck and feel free to come to the games to show your support. I know our teams would appreciate the support of their community.

GOOOO BLAZE!!!!

CCA SEASON 3

Please remember that CCA season 3 will begin on Monday.
Should you have any questions or queries, please contact activities@istianjin.org.cn



PFO BAKE SALE

All items will be RMB 5 each
All proceeds will go to PFO fund

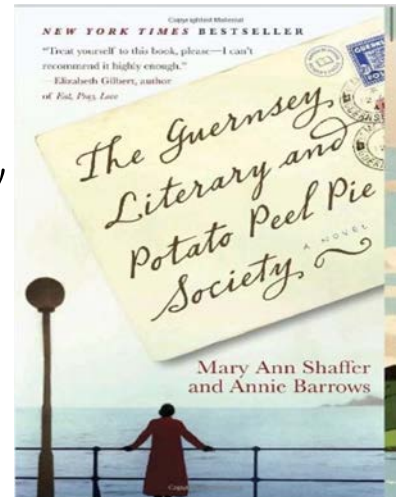
Wednesday March 13th
9:00 am - 12:00 pm

one stand in deli marche
one stand in Kindergarten entrance



Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

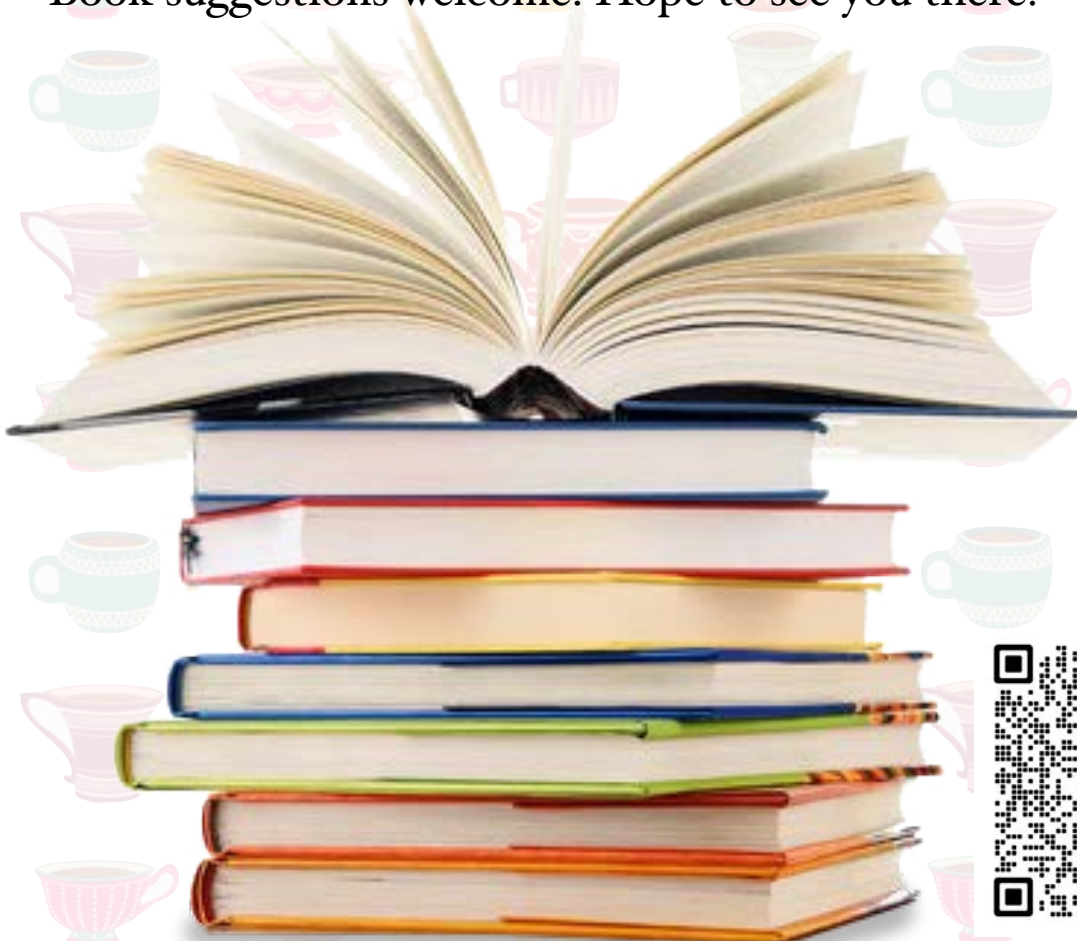
This month's book is *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer & Annie Barrows. The library has copies in English, Chinese, Korean and French.



Our next meeting is March 19th at 8.30am in the Library.

Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!





PFO Meeting
Please come and
join in!

Wednesday
20th March

8.15 - COFFEE AND KOREAN SNACKS

9.00 - WELCOME AND PFO UPDATE

9.10 - DIRECTOR & PRINCIPAL INTRODUCTION

9.30 - UPCOMING EVENTS WITH PFO

10.00 - PARENT EDUCATION FORUM



Meeting held in the Teacher's centre on 2nd floor in Han building.
Take the big black staircase to the left of the library.



March 20th 2024

Building Strong & Confident Children

Parent Forum

1. Balancing Act: The Crucial Role of Physical Health and Activity in Child Wellbeing & Development
by Mr. Kennedy 10:05-10:35 Han TC

2. How I help my child with English at home by Ms. Lv (IST teaching parent)
10:40-11:10 Han TC

3. Bouncing Back: Raising Resilient Children by Ms. Jiang
11:15-12:00 Han TC





PFO COOKING CLUB

Food theme: The Malaysian Cooking Class

Menu:

1. Nasi Kerabu
2. Satay
3. Kuih Sago
4. Blue Butterfly Pea Flower Tea



When: 21th March **Thursday** 9:00am-2pm

Where: IST Elementary Kitchen

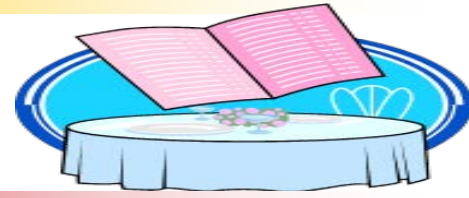
Host: Ally

Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code:
Max 16 participants, first-come first-served.



BLAZE



WEEKLY

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EAT LEARN LIVE MENU G3 - G12					
	Monday 2024-03-11	Tuesday 2024-03-12	Wednesday 2024-03-13	Thursday 2024-03-14	Friday 2024-03-15
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Italian Baked Rice with Vegetables and Cheese 意大利蔬菜芝士焗饭 Stir fry Vegetable 炒蔬菜 Allergy: milk, peas	Chicken Schnitzel 炸鸡排 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: chicken, breadcrumb	Pan-fried beef balls with gravy 牛肉丸配肉汁 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 Allergy: beef, pepper, onion	Hot Dog 热狗 Stir fry Vegetable 炒时蔬 French Fries 薯条 Allergy: pork, wheat, onion	Beef Goulash 红烩牛肉 Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: beef, soya sauce
Asian From The Wok/Noodle Station	Spicy Noodle 重庆小面 Cucumber拌黄瓜 Fried Eggs 煎鸡蛋 Allergy: wheat, egg, seaweed, sesame	Noodle with Beef Soup 红烧牛肉面 Boiled Vegetable 煮蔬菜 Allergy: beef, flour	Hainanese Chicken Rice 海南鸡饭 Stir Fried Cabbage 素炒洋白菜 Allergy: soya sauce, chili	Pork Chop with Curry Sauce 咖喱猪排饭 Stir fry Vegetable 炒时蔬 Allergy: soya sauce, curry paste	Kimbab 韩式饭卷 Fried Rice Cake 辣炒年糕 Allergy: seaweed, sesame, kimchi
Vegetarian		Noodles with Vegetable Soup 蔬菜面	Stir Fried Cabbage 素炒洋白菜	Vegetable Curry 咖喱蔬菜	Vegetable rice rolls 蔬菜饭卷
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Minestrone 通心粉汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		731	26	104	23
Nutritional recommendation 营养建议		725	25	100	25

EAT LEARN LIVE MENU NURSERY-G1					
	Monday 2024-03-11	Tuesday 2024-03-12	Wednesday 2024-03-13	Thursday 2024-03-14	Friday 2024-03-15
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Vegetable Sandwich Fruit Cut
Set Meal	Margherita Pizza 比萨 Sweet Corn and Broccoli 玉米粒西兰花 Vegetable Sticks 蔬菜条 Allergy: flour, tomato sauce, cheese, herb	Grilled Sausage with Gravy 烧汁香肠 Vegetable Sticks 蔬菜条 Mashed Potato 土豆泥 Allergy: soya sauce, milk	Fried Rice with Chicken in Soya Sauce 酱油鸡肉炒饭 Fried Zucchini with Tomao 番茄西葫 Vegetable Sticks 蔬菜条 Allergy: soya sauce	Hot Dog 热狗 Vegetable Sticks 蔬菜条 Fried Potato 土豆角 Allergy: flour, pork, soya sauce	Pork Dumplings 猪肉白菜水饺 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		726	24	105	27
Nutritional recommendation 营养建议		725	25	100	25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.

DIARY DATES

Wednesday - March 13, 2024
PYP Exhibition

Thursday - March 21, 2024
DP Arts Exhibition

Wednesday~Thursday - March 27~28, 2024
Parent Teacher Conferences (Afternoon)

Monday~Friday - April 1~5, 2024
Spring Break

Monday~Friday - April 15~19, 2024
Secondary Speaking Spectacular

Wednesday - April 24, 2024
Elementary Speaking Spectacular

SPORTS DATES

Saturday 09 March -
ISAC HS Badminton (Boys @ KEY; Girls @
WAB)

Monday 11 March -
HS Football vs TIS (Boys and girls @ IST)

12-14 March -
ACAMIS Golf @ Yalong Bay Golf club Sanya)

Tuesday 12 March -
MS Basketball vs Wellington (Boys @ IST;
Girls @ WEL)

Thursday 14 March -
MS Basketball vs TIS (Boys and Girls @ TIS)

Saturday 23 March -
ISAC MS Basketball Exchange (Boys @ CISB;
Girls @ THIS)

Saturday 23 March -
ISCOT HS Badminton Tournament @ IST

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 3 Sport Schedule

- ☺ Starts Monday, 11 Mar and ends Friday, 24 May
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season three includes:

- ☺ HS Football - Mondays and Fridays - 15:30 - 17:00
- ☺ HS Badminton - Mondays and Fridays - 15:30 - 17:00
- ☺ MS Basketball - Tuesdays and Thursdays - 15:30 - 17:00

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy - Athletics Director
(byron_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis - Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying - Activities Officer (CCA's)
(ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang - Activities Officer (Sports)
(durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 /
extension 8150.