

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

In Shakespeare's 'Julius Caesar', the soothsayer warns Caesar to "**Beware the Ides of March**", the 15th day of March in the Ancient Roman calendar. Unfortunately for him, Caesar failed to heed the warning and was assassinated on this day 2068 years ago, in 44 B.C.E. Although the Ides of March is sometimes considered a bit of an unlucky day as a result of this event, it was traditionally a day of family celebrations, and for me it remains so, with the Ides being the birthdate of my youngest daughter. So, my advice for today is embrace the day, celebrate your wonderful families, and throw a toga party! Or, for those more inclined towards green, this Sunday is St. Patrick's day, which refers to the anniversary of the patron saint of Ireland, who died on this day 485 years ago, in 461 C.E. (A.D.)

The highlight of the week was most definitely the **Grade 5 PYP Exhibition** on Wednesday evening (and assembly on Friday). Our terrific students shared their inquiries and the processes that they have worked through over the past two months or so from their first wonderings about issues that concern them and how they might help persuade others to share their concerns and create change, through in depth research, action, and ultimately the sharing of their learnings. Like all members of our community, I am incredibly proud of these students who demonstrated without doubt that they are just about ready to leave the primary part of their educations behind them and advance to secondary school. Congratulations Grade 5!

A reminder that this year's **IB Diploma Visual Art Exhibition** will be held in the Han Theatre next Thursday evening from 5:00-6:30PM. All community members are cordially invited to join us in honoring these talented artists (both the Grade 12s who will each share a selection of works from their portfolios, and Grade 11s who will display one carefully selected piece).

It was lovely meeting with parents at this morning's **Korean Parent Forum** to share thoughts about aspects of our school's diverse programmes, and how to generate ideas about ways in which the home and school can work together to both celebrate and enhance them. I welcomed the suggestions and very much enjoyed the opportunity to also clarify some of the lesser known or understood aspects of our programmes. I will be arranging a similar meeting for both our Chinese heritage and other families in the coming weeks.

The cooler weather is most definitely in the rear-view mirror now, and we have enjoyed some lovely warm Spring weather these past few days ... I can even see the first hints of green buds on the weeping trees just outside my office and the Qin entrance. I wish you all the very best for a terrific weekend – be sure to get out and about and soak in some long overdue Vitamin D!



Steve Moody
Director



the Parent Partnership

Silent signs of exclusion in children can appear subtly, often going unnoticed by parents. By closely observing your child's behavior and emotional state, you can uncover these hidden cues. It is essential for us to actively listen to our children, validate their emotions, and normalize the experience of exclusion. Helping children develop resilience through coping mechanisms and social skills, encouraging their participation groups which they are interested in, and fostering empathy towards others can make a significant difference. It's crucial to remember that not all instances of being left out are intentional acts of bullying.

SILENT SIGNS YOUR CHILD IS BEING EXCLUDED



Frequent crying spells or extreme emotional reactions.

Isolation and distancing from friends and family.

Fake being sick to keep from going to school.

Loss of appetite or change in eating habits.

Declining grades in school.

Appears sad more often than usual.

BLAZE



W E E K L Y

Working Learning Acting TOGETHER

Elementary Student-Led Conferences

Wednesday 27 March: 14.30 - 18.30

Thursday 28 March: 15.30 - 18.30

We are looking forward to meeting with you to discuss your child's progress at our upcoming Student Led Conferences. Invitations were sent home on the 11th March and were due to be returned by the 15th March. If you haven't received one yet, please contact your child's homeroom teacher. For families with more than one child, we pre-scheduled your appointments so they are conveniently timed.

In student-led conferences, students actively participate in assessing and evaluating their learning progress and objectives by presenting and reflecting on their own performance. They present learning goals that they have achieved and those that they hope to achieve before the end of the year.

Confirm or Change Your Appointment

Parents are asked to return the reply half of the invitation as soon as possible (if you haven't already done so) to confirm the appointment or to request a different date or time.

Specialist Teachers

World Languages, PE, music, STEM and Library teachers will be available for visits from particular grades. If you would like a separate meeting, please schedule one through Angela in the Elementary Office.

Child Minding

There will be child-minding for IST students in the K-2 playroom and 3-5 Clubhouse on both days. This service is for IST-enrolled students only and only for the time period in which you have your conferences (supervising siblings). Please use this service throughout the conferences so that you can give your undivided attention to your child whose conference you are attending. If your child is remaining at school in the afternoon, you need to be here to either supervise them or book them into the child-minding service.

Bus Schedule

Wednesday, March 27, 2024

Departing Aocheng	Departing Garden Villa (side gate)	Departing Hai Yi	Departing IST
12:25	12:30	12:50	14:45
13:25	13:30	13:50	15:45
14:25	14:30	14:50	16:45
15:25	15:30	15:50	17:45
16:25	16:30	16:50	18:45

Thursday, March 28, 2024

Departing Aocheng	Departing Garden Villa (side gate)	Departing Hai Yi	Departing IST
14:25	14:30	14:50	16:45
15:25	15:30	15:50	17:45
16:25	16:30	16:50	18:45

If you have any further questions, don't hesitate to contact your child's Homeroom teacher or me through the Elementary office.

Regards,

Cam Wallace
Elementary Principal



On March 27th, students in grades 9-12 are stepping out of class from 10:25 AM to 12:50 PM for the IST High School Wellbeing Day. Take a well-deserved break from intense school work and immerse yourself in a day designed for relaxation and rejuvenation.

Join us for a variety of activities, including soothing yoga sessions, hands-on basic cooking experiences, a spirited game of red light, green light, and expressive art sessions. Additionally, discover effective stress-relieving techniques to navigate the challenges of high school life. Don't miss out on this opportunity to unwind and prioritize your well-being. See you on March 27th!

IST
WELLBEING
DAY 2024

"HIGH SCHOOL WELLNESS WARRIORS"

IST's 1st High School Wellbeing Day
Hosted by G11 Students

COOKING, STRESS
STRATEGIES, ART
THERAPY, YOGA, RED
LIGHT/GREEN LIGHT,
MUSIC!

GRADES 9-12
& PFO

WEDNESDAY
MARCH 27TH



BLAZE



WEEKLY

Working Learning Acting TOGETHER

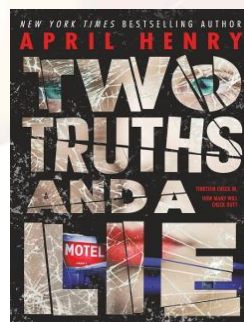
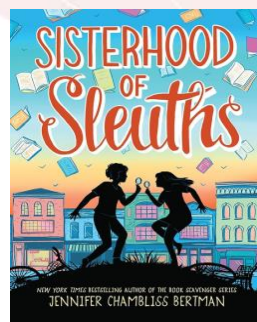
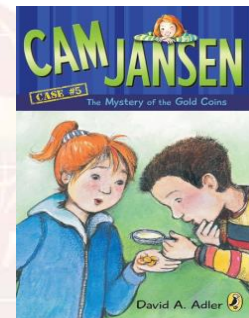
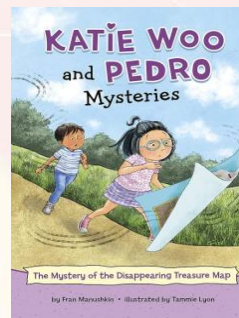
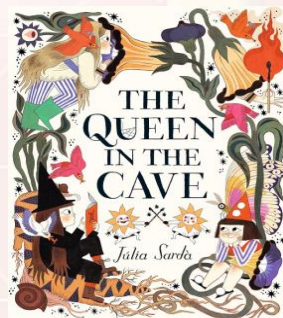
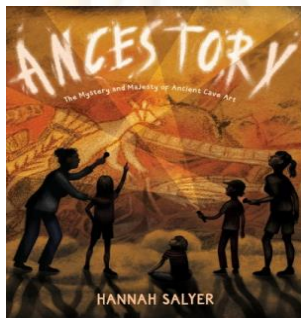
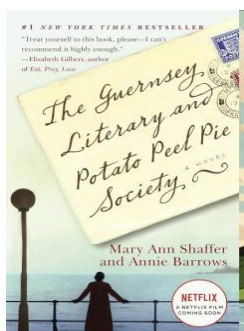
IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Mystery March

Calling all detectives! We are celebrating mystery books this month with Mystery March. From books with cyphers and puzzles to classic detective novels, we have something for everyone. Come check out our collection of mystery books for all ages!

Parent Book Club—March 19th @ 8:30 a.m. in the library

Our next Parent Book Club selection is the novel *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows. We will meet to discuss this book on March 19th, in the library. The library has copies of the book in English, Chinese, French and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.

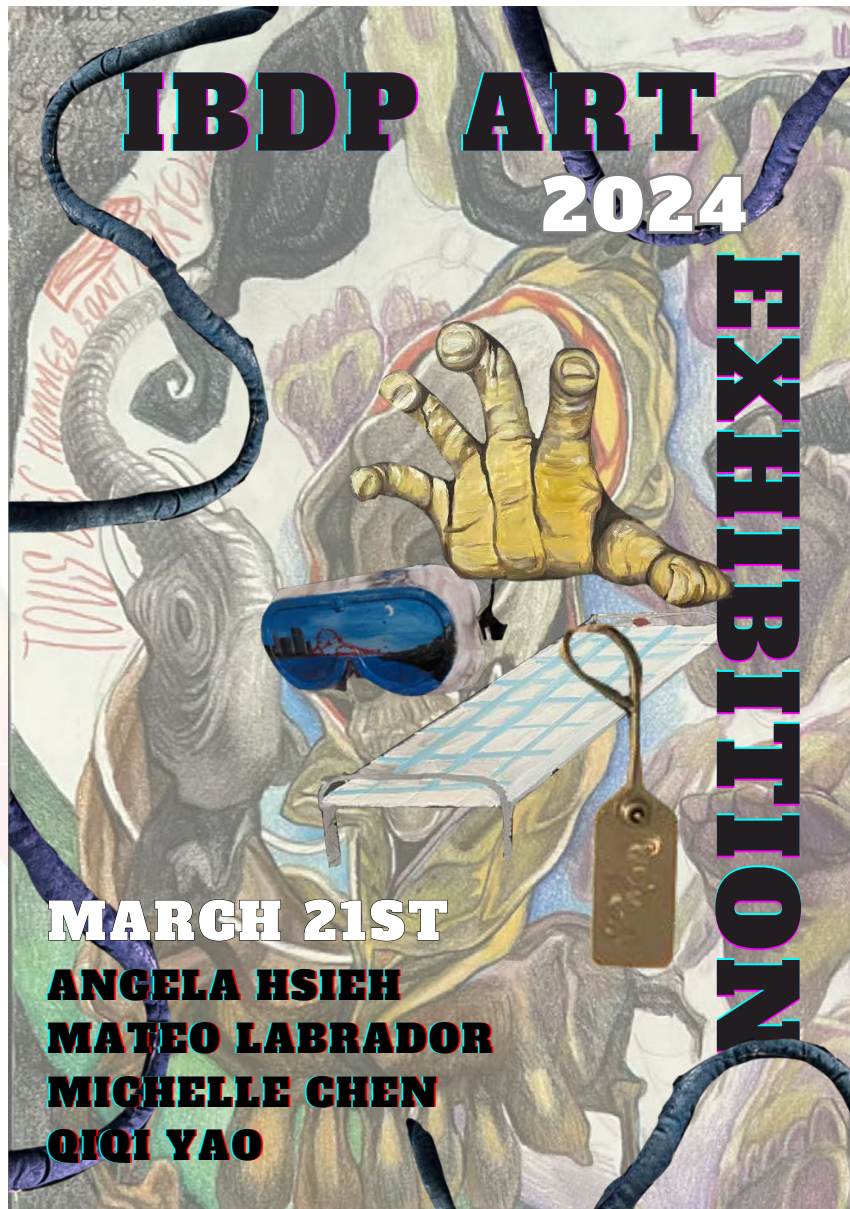
Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30

BLAZE



WEEKLY

Working Learning Acting TOGETHER



We're thrilled to announce that this year's IBDP Visual Arts Exhibition is finally here! Join us at the Han Theatre as we showcase the incredible talent and hard work of our Grade 12 Art students. Despite facing numerous challenges over the past two years, they've poured their hearts and souls into creating this stunning exhibit, which is a crucial part of their final assessment.

But wait, there's more excitement in store! Our G11 Visual Art students will also be displaying one carefully selected artwork, gearing up for their own future exhibitions.

Mark your calendars for Thursday, March 21st, from 17:00 to 18:30, and get ready to be dazzled. And of course, what's a celebration without some delicious refreshments?

We extend our warmest invitation to our entire community to join us in honouring these talented artists and their achievements. Your support means the world to us, and we can't wait to share this special moment with you!

Kind regards
Gill Hunter-James
Head of Arts
MYP/DP Visual Arts Teacher

BLAZE

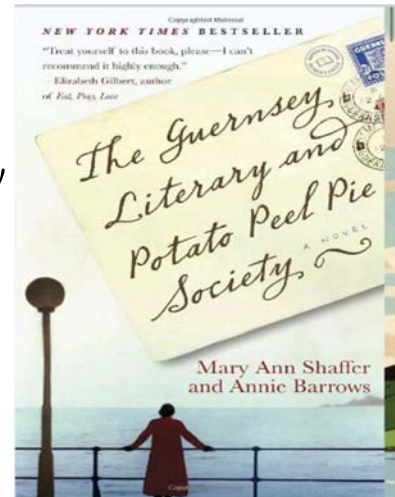


WEEKLY

Working Learning Acting TOGETHER

Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

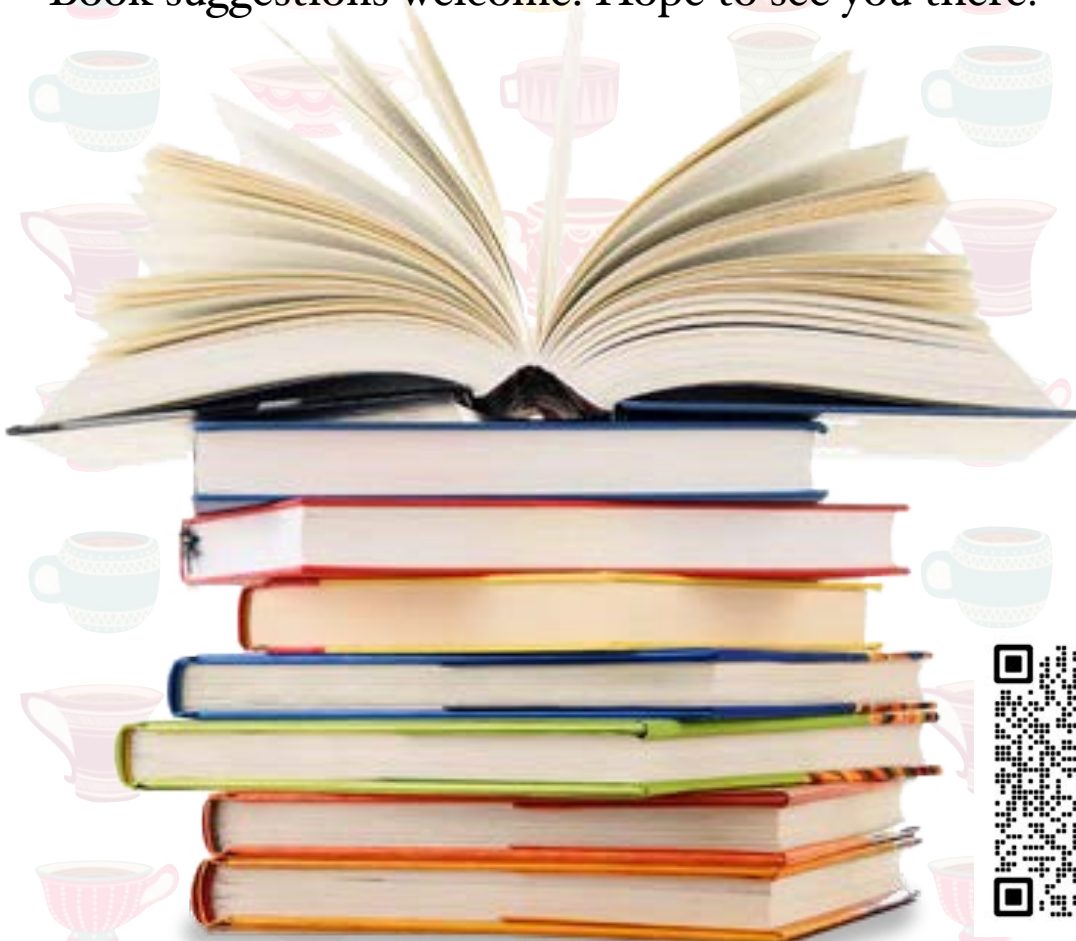
This month's book is *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer & Annie Barrows. The library has copies in English, Chinese, Korean and French.



Our next meeting is March 19th at 8.30am in the Library.

Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!





PFO Meeting
Please come and
join in!

Wednesday
20th March

8.15 - COFFEE AND KOREAN SNACKS

9.00 - WELCOME AND PFO UPDATE

9.10 - DIRECTOR & PRINCIPAL INTRODUCTION

9.30 - UPCOMING EVENTS WITH PFO

10.00 - PARENT EDUCATION FORUM



Meeting held in the Teacher's centre on 2nd floor in Han building.
Take the big black staircase to the left of the library.



March 20th 2024

Building Strong & Confident Children

Parent Forum

1. **Balancing Act: The Crucial Role of Physical Health and Activity in Child Wellbeing & Development**
by Mr.Kennedy 10:05-10:35 Han TC

2. **How I help my child with English at home** by Ms. Lv (IST teaching parent)
10:40-11:10 Han TC

3. **Bouncing Back: Raising Resilient Children** by Ms. Jiang
11:15-12:00 Han TC



BLAZE



W E E K L Y

Working Learning Acting TOGETHER



PFO COOKING CLUB

Food theme: The Malaysian Cooking Class

Menu:

1. Nasi Kerabu
2. Satay
3. Kuih Sago
4. Blue Butterfly Pea Flower Tea



When: 21th March **Thursday** 9:00am-2pm

Where: IST Elementary Kitchen

Host: Ally

Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code:
Max 16 participants, first-come first-served.



THE

BLAZE

FRIDAY 15 MARCH 2024



WEEKLY

Working Learning Acting TOGETHER

Join PFO Tour and

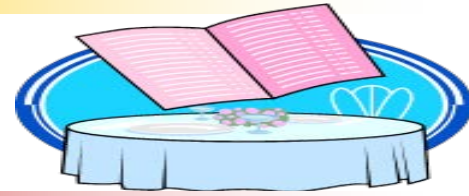
LEARN MORE ABOUT COFFEE AND TRY TO MAKE BARISTA ART

APRIL 10TH
9.30AM OR 11.15AM
EACH SESSION 1.5 HOUR
LOCATION - 1ST ELEMENTARY MEETING ROOM



Only 20 rmb/person
Scan the code to join the group

BLAZE



WEEKLY

Working Learning Acting TOGETHER

EAT LEARN LIVE						MENU G3-G12					
	Monday 2024-03-18	Tuesday 2024-03-19	Wednesday 2024-03-20	Thursday 2024-03-21	Friday 2024-03-22		Monday 2024-03-18	Tuesday 2024-03-19	Wednesday 2024-03-20	Thursday 2024-03-21	Friday 2024-03-22
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day		Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Basil and Pine Nut Noodles 罗勒松子面	Grilled Chicken with Pepper Sauce 黑椒汁煎鸡排	Meat Loaf 牛肉面包	Chicken Burger 鸡肉汉堡	Spaghetti Bolognese 肉酱面		Basil and Pine Nut Noodles 罗勒松子面	Grilled Chicken with Pepper Sauce 黑椒汁煎鸡排	Meat Loaf 牛肉面包	Chicken Burger 鸡肉汉堡	Spaghetti Bolognese 肉酱面
	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	French Fries 薯条	Stir fry Vegetable 炒时蔬		Stir fry Vegetable 炒时蔬	Sauteed Potatoes with Onion 洋葱炒土豆	Mashed Potatoes 土豆泥	Allergy: chicken, flour, mayonnaise	Allergy: beef, cheese powder, tomato sauce, herb
Asian From The Wok/Noodle Station	Sauteed Tomato and Egg 西红柿鸡蛋	Braised Pork Taiwan Style 台湾卤肉	Kung Pao Chicken 宫保鸡丁	Noodle with Pork in Korean Bean Paste or Chili Pasta 韩式炸酱面/火鸡面	Chicken Teriyaki 日式照烧鸡排		Sauteed Tomato and Egg 西红柿鸡蛋	Braised Pork Taiwan Style 台湾卤肉	Kung Pao Chicken 宫保鸡丁	Noodle with Pork in Korean Bean Paste or Chili Pasta 韩式炸酱面/火鸡面	Chicken Teriyaki 日式照烧鸡排
	Grilled Tofu with Cabbage 蚝油豆腐	Stir fry Vegetable 炒蔬菜	Deep Fried Beans 干煸豆角	Fried Eggs 煎鸡蛋	Stir fry Cabbage 炒洋白菜		Grilled Tofu with Cabbage 蚝油豆腐	Stir fry Vegetable 炒蔬菜	Deep Fried Beans 干煸豆角	Fried Eggs 煎鸡蛋	Stir fry Cabbage 炒洋白菜
Vegetarian	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭		Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭
	Allergy: wheat, egg	Allergy: pork, soya sauce, egg	Allergy: chili, leek, soya sauce	Allergy: egg, bean	Allergy: soya sauce, green garlic, ginger, breadcrumb		Allergy: wheat, egg	Allergy: pork, soya sauce, egg	Allergy: chili, leek, soya sauce	Allergy: egg, bean	Allergy: soya sauce, green garlic, ginger, breadcrumb
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤		Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Swiss Roll 瑞士卷	Mini Muffin 小玛芬	Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧克力蛋糕		Swiss Roll 瑞士卷	Mini Muffin 小玛芬	Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧克力蛋糕
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)		Nutritional reading over the week	Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		715	26	102	16		Nutritional recommendation 营养建议	725	25	100	25

EAT LEARN LIVE						MENU NURSERY-G1					
	Monday 2024-03-18	Tuesday 2024-03-19	Wednesday 2024-03-20	Thursday 2024-03-21	Friday 2024-03-22		Monday 2024-03-18	Tuesday 2024-03-19	Wednesday 2024-03-20	Thursday 2024-03-21	Friday 2024-03-22
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut		Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut
Set Meal	Fried Rice with Egg 炒饭	Sauteed Chicken with Broccoli 西兰花炒鸡肉	Baked Beef Macaroni 小弯牛肉面	Teriyaki Chicken 日式照烧鸡排	Beef Balls with Gravy 烧汁牛肉丸		Fried Rice with Egg 炒饭	Sauteed Chicken with Broccoli 西兰花炒鸡肉	Baked Beef Macaroni 小弯牛肉面	Teriyaki Chicken 日式照烧鸡排	Beef Balls with Gravy 烧汁牛肉丸
	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条	Stir Fry Zucchini and Corn 西葫玉米	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条		Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条	Stir Fry Zucchini and Corn 西葫玉米	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条
Fruit	Vegetable Sticks 蔬菜条	Rice 米饭	Vegetable Sticks 蔬菜条	Rice 米饭	Mashed Potato 土豆泥		Vegetable Sticks 蔬菜条	Rice 米饭	Vegetable Sticks 蔬菜条	Rice 米饭	Mashed Potato 土豆泥
	Allergy: egg, soya sauce	Allergy: soya sauce	Allergy: flour, beef, tomato sauce, herb	Allergy: chicken, crumb, soya sauce	Allergy: beef, soya sauce		Allergy: egg, soya sauce	Allergy: soya sauce	Allergy: flour, beef, tomato sauce, herb	Allergy: chicken, crumb, soya sauce	Allergy: beef, soya sauce
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult		Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)		Nutritional reading over the week	Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		730	26	105	24		Nutritional recommendation 营养建议	725	25	100	25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.

DIARY DATES

Thursday - March 21, 2024
DP Arts Exhibition

Wednesday~Thursday - March 27~28, 2024
Parent Teacher Conferences (Afternoon)

Monday~Friday - April 1~5, 2024
Spring Break

Monday~Friday - April 15~19, 2024
Secondary Speaking Spectacular

Wednesday - April 24, 2024
Elementary Speaking Spectacular

SPORTS DATES

Saturday 23 March -
ISAC MS Basketball Exchange (Boys @ CISB;
Girls @ THIS)

Saturday 23 March -
ISCOT HS Badminton Tournament @ IST

Monday 25 March -
HS Football vs TEDA (Boys @ IST; Girls @
TEDA)

Tuesday 26 March -
MS Basketball vs TEDA (Boys @ TEDA; Girls
@ IST)

Saturday 13 April -
ISCOT HS Football Tournament (Boys @ WEL;
Girls @ IST)

Saturday 13 April -
ISCOT MS Basketball Tournament (Boys @
TEDA; Girls @ TIS)

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 3 Sport Schedule

- ☺ Starts Monday, 11 Mar and ends Friday, 24 May
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season three includes:

- ☺ HS Football - Mondays and Fridays - 15:30 - 17:00
- ☺ HS Badminton - Mondays and Fridays - 15:30 - 17:00
- ☺ MS Basketball - Tuesdays and Thursdays - 15:30 - 17:00

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy - Athletics Director
(byron_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis - Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying - Activities Officer (CCA's)
(ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang - Activities Officer (Sports)
(durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 /
extension 8150.