Friday 12 May 2023

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WEISHAN SOUTH ROAD, HUANGGANG, JINNAN DISTRICT TIANJIN 300350 P.R.CHINA TEL: 86 22 28592001 Fax: 86 22 28592007 EMAIL: INFO@ISTIANJIN.ORG.CN WWW.ISTIANJIN.ORG

Working Learning Acting TOCET

#### 2022-23 Community-wide Goal:

IST community members recognize that we are all learners and understand the importance of enthusiastically sustaining our love of learning throughout our lives. We nurture curiosity across the diverse domains of human knowledge and experience, developing and fine-tu<u>ning</u> skills for inquiry and research, and celebrating all kinds of learning success. We think for ourselves but also understand the importance of working together in teams.

#### **Dear Parents**

It was wonderful to see parents in school today enjoying the opportunity to be outside in our beautiful school grounds and enjoying Elementary Sports Day, our first opportunity to hold this event in several years. There was certainly some fairly intense competition amongst the students (and cheering fans!), but mostly lots of fun and laughter, and sweating! After the constraints of COVID, it really is wonderful to see our students outdoors and engaged in gross motor skills and activities.

Thinking about our wonderful school grounds, I was very proud this past weekend as students and teachers from leading international schools across mainland China, Macao, Taiwan and Korea joined us to learn more about the ways in which we are leveraging cutting edge XR devices and software to enhance learning. One of the most satisfying parts of the event was hearing the comments from students and teachers alike about just how lovely our school grounds and facilities are in comparison to their own. Many came fromwell established compus, as well as others with brand new ones, but the response was frequently the same: IST's campus and facilities are just so bright, engaging and inviting to students and teachers. They were truly impressed! And, as I walked our guests back along the Hai River to the Shangri La following an evening social, the responses were equally complementary about our wonderful host city; many were truly amazed at how dazzling Tianjin appeared compared to what they had been led to believe! Great stuff IST and Tianjin! And kudos to our Grade 10 students and Technology teachers for their terrific work hosting our visitors.

A reminder (in case you haven't taken a look yet) to check out our new school website; we have worked hard to upgrade it and trust that you will feel it more accurately reflects the quality of our campus and programmes! Click here to take a look! www.istianjin.org

A reminder also to parents that the principals will host a departing families transition meeting next Wednesday in the Han Teacher Center at 10:05AM. If you are leaving us this year (I hope you'll change your mind and stay if you can!), do consider coming along to hear a little about ways in which you can act to help facilitate a smooth transition home or to a new school and country for your children. The principals will also share information about the process of withdrawing your children, so as to ensure that you have all the documentation you need ready before the last day of KUREDITED BY school.

Finally, today marks the 10th day of IB Diploma Examinations with just four more days to go! Exams finish next Thursday for the last students, though others will be pleased to end sooner. I really cannot overstate how challenging these examinations are, and I am just so very impressed by all of our Grade 12s, and very much looking forward to celebrating their commencement on Friday 2 June at their Graduation Ceremony – be sure to mark it in your calendars!

To our Grade 12 students, you're almost there – stick with it! And to the rest of our community, have a wonderful weekend!

Steve Moody Director



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### **Departing Families' Session**

Dear Parents,

As you prepare to leave the IST community in the coming weeks, we would like to warmly invite to a brief presentation and overview of topics that may help to guide in you and your children in the transition of moving to a new location or repatriating to your place of origin. Our Departing Families session will be held on Wednesday, May 17. The session should start around 10am and last for no more than one hour.

Parents wishing to attend are free to board the buses arranged for leaving Aocheng at 9:20am, Hai Yi at 9:35am.

Return buses will be available at 11:00am, to Hai Yi and Aocheng.

Warm regards,

Michael Conway Secondary Principal Justin Lobsey Elementary Principal Friday 12 May 2023

## BLAZE



WEEKLY

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### IST Library & Information Literacy Center

#### **Our Mission**

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

#### **Library End-of-Year Dates**

As the end of the school year quick approaches, please keep these library dates in mind:

- May 19: last day for library book checkout.
- May 26: all library books returned.
- May 29-June 2: no books checked out this week.
- June 5-9: summer book checkout.

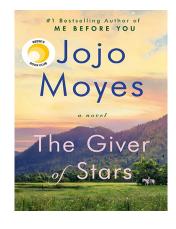


If your family will be staying in China for all or some of the summer holiday, we encourage you to take advantage of our summer book checkout. Students who wish to check out books over the summer must return a signed permission slip; these will go home later this month. Students who return a signed permission slip will be allowed to check out up to 20 library books over the summer holiday.

#### Parent Book Club – May 23 @8:30 in the library

We will be discussing our next novel, *The Giver of Stars* by Jojo Moyes, on May 23<sup>rd</sup> at 8:30 in the library. The library has copies of the book in English, Chinese and Korean. A digital copy in English or Chinese is available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.



HIGH SCHOOLS

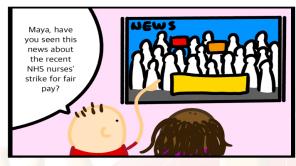
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## **FAIR PAY FOR NURSE**

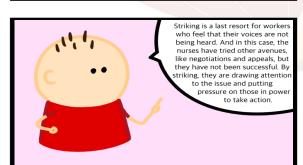
#### Written by SeungWoo Ham G11 Illustrated by JuYeop Park G10



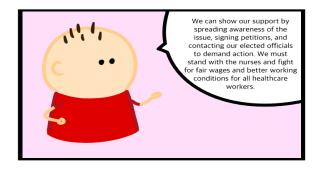














CREDIT TO: https://newsis.com/view/?id=NISX20230502 0002287416&clD=101018.plD=10100 https://www.bbc.co.uk/news/health-65443943



### WEEKLY

### Working Learning Acting TOGETHER

A Peek Into CAS Projects: Music Lab

Founders & Leaders: Tina Xu & Ji Hoon Kim

Collaborators: Simon Shi, Aiden Song & Henny Lee

Members (2021-2022): Ye Jin Choi, Se Yeon Kim, Nicky Jeon, Fiona Ng, YouYang Zhao,

Ashley Zhao & June Yeon Kim

Members (2022-2023): Jun Hyeok Lee, Isaiah Conway, Katie Yang, Eo Jin Choi, Nuo Nuo

Bai, Charles Li & Gary Zhang

We believe that music is an art that can be universally loved and appreciated because it has the power to evoke emotions, bring people together, and create unforgettable memories. Inspired by this notion, we founded Music Lab in 2021 as our CAS project. This completely student-led club aims to provide a new platform for students to explore, practice, and showcase their musical talents in a band form at various school events during the school year.

Over the past two years, Music Lab has evolved into something quite different from our initial aims and expectations, in a good way, of course...



(Music Lab: Group Picture 2021-2022)

(Music Lab: Group Picture 2022-2023)

While IST has musical groups such as Orchestra, Band and Quintet, we saw a lack of means for students to practice individual musical skills other than just performing together. We decided to create Music Lab, or "The Lab" for short, to teach students to play instruments of their interest while matching tutors and students (piano, guitar, etc.) The practices were held every Tuesday and



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### Working Learning Acting TOGETHER

Thursday lunchtime. However, in the first semester, we realized that members would easily lose motivation if we only had rehearsals and practices without a firm goal.

Therefore, after our first two performances at the PFO picnic and the end-of-semester winter assembly, where we performed our own original relay composition piece, we gradually shifted to a performance-oriented music club where students with a common interest in music come into weekly rehearsals to prepare for upcoming performances. The difference to other groups was that we could choose the performing pieces together (like Bohemian Rhapsody, All I Want For Christmas is You) so that we enjoy our playing greatly.

In the 21-22 school year, we performed at PFO events, school semester assemblies and Piano-a-thon as a special performance with 12 members. This year, after witnessing the success of "The Lab" and hearing more students interested in joining, the project was prolonged to its second year. In this 22-23 school year, we performed at three major events: Tina's Music Concert, MAD Night, and IST ACAMIS Opening Ceremony. During MAD Night, we collaborated with IST Musical Production, "Creepytown!"



(PFO Picnic: September 11th 2021)

(Tina's Music Concert: January 16th 2023)

One of the challenges we faced during these two years was the occasional shift to online learning brought by Covid. Because of this, our rehearsal and performance plans were often postponed or entirely cancelled. To ensure we could keep track of our progress, we often had to add additional rehearsals above our two weekly lunch rehearsals. However, despite these challenges and constant changes, in the end, our efforts proved that it was worth it, as we learned the importance of adapting to different situations and realized that the only thing that will not change is "change" itself. "Opportunity only goes to the people that are prepared and willing to take risks," so we actively



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pursued performance opportunities and communicated with the teachers and staff about upcoming performance plans and setting up the stage (instruments, equipment, sound, and lighting).



(MAD Night: April 19th 2023 - Music Lab - "Bohemian Rhapsody")

Furthermore, we also learned the importance of collaboration and how to communicate more effectively with each other, especially when there was a need to make decisions and how we could lead the group to achieve our common goals. Each member of the Music Lab had their unique strengths and talents. We understood the importance of respecting each other's ideas, opinions and communicating effectively to ensure everyone was on the same page. It was a rewarding feeling that by working together and combining our strengths, we could create something truly special, and our musical performances it could positively impact our school community. It fits perfectly with our school's motto, "Learning, Working, Acting TOGETHER."

Overall, our CAS Project: Music Lab was a fantastic experience that taught us valuable lessons about collaboration, perseverance, and adaptability. Through the performances and countless rehearsals, music really has the power to bring people together to achieve personal growth, create memorable memories, and boost our school community. We hope that as we move on to other new experiences and projects, we can carry these experiences with us and continue to use music or other mediums as a means of self-expression and community building.

FRIDAY 12 MAY 2023

## BLAZE



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Please bring your own lunch and water.



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Food theme: The Portuguese cooking class

#### Menu:

- Caldo Verde " Green broth soup"
- Peixinhos da Horta "Garden fish"
- Bacalhau à Brás " Cod à Brás "
- Bolo de bolacha " Portuguese biscuit cake"









When: 17th May 09:00am-2pm

Where: IST Elementary Kitchen

Host: Angela Claro

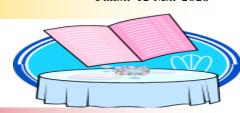
Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code: Max 16 participants, first-come first-served.



Friday 12 May 2023

# BLAZE



### WEEKLY

### Working Learning Acting TOCETHER

MENU G2-G12					
	Monday 2023-05-15	Tuesday 2023-05-16	Wednesday 2023-05-17	Thursday 2023-05-18	Friday 2023-05-19
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
	Penne Tomato with Creamy Cheese Sauce 奶油芝士焗面	Grilled Chicken with Pepper Sauce 黑椒汁煎鸡排	Chicken Burger 鸡肉汉堡	Chili Con Carne 墨西哥炒牛肉馅	beef Ball 牛肉丸
Western	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	1	Steamed Black Beans 蒸黑豆	Stir fry Vegetable 炒时蔬
From The Grill Station		Sauteed Potatoes with Onion 洋葱炒土豆	French Fries 薯条	Steamed Rice 米饭	Mashed Potatoes 土豆泥
	Allergy: milk, flour, cheese	Allergy: onion, black pepper sauce	Allergy: chicken, flour, tomato, cucumber, lettuce, mayonnaise	Allergy: beef, pepper, onion, cumin, cajun seasoning, black beans	Allergy: beef, herb
	Sauteed Tomato and Egg 西红柿炒鸡蛋	Fried Noodles with Chicken and Vegetables 蔬菜鸡肉炒面	Braised Pork Taiwan Style 台湾卤肉	Noodles with Pork Soup 豚骨拉面	Chicken Teriyaki 日式照烧鸡排
Asian From The Wok/Noodle	Sliced Potatoes with Pepper 青椒土豆丝		Stir fry Vegetable 炒蔬菜	boiled Vegetable 煮蔬菜	Stir fry Cabbage 炒洋白菜
Station	Steamed Rice 米饭		Steamed Rice 米饭		Steamed Rice 米饭
	Allergy: wheat,egg	Allergy: flour, oyster sauce, soya sauce, cabbage, egg	Allergy: pork, soya sauce, egg, potato, sugar	Allergy: flour,pork	Allergy: Soya sauce, green garlic, ginger, breadcrumb
Vegetarian		Fried Noodle with Vegetable 蔬菜炒面	Vegetable Burger 蔬菜汉堡	Noodles with Vegetable Soup 蔬菜面	Spaghetti with Tomato Sauce 番茄意大利面
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Swiss Roll 瑞士卷	Mini Muffin 小玛芬	Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧古力蛋糕
Nutritiona	al reading over the week	Energy 热量(Kcal)	Protein 蛋白质(g)	Carbohydrate 碳水化合物(g)	
	每周营养分析	715	26	102	16
Nutritional recommendation营养建议		725	25	100	25
ARN Chartwells www.compass-group.com.cn					

MENU NURSERY-G1 Monday 2023-05-15 Tuesday 2023-05-16 Thursday 2023-05-18 Friday 2023-05-19 Wednesday 2023-05-17 **Carrot Cake** Cookies **Banana Bread Vegetable Sandwich** Yoghurt Snack **Fruit Cut Fruit Cut Fruit Cut Fruit Cut Fruit Cut** Sauteed Chicken with **Pork Stew Margherita Pizza** Teriyaki Chicken **Baked Beef Macaroni Broccoli** 小弯牛肉面 日式照烧鸡排 卤肉饭 比萨 西兰花炒鸡肉 **Cauliflower with Tomato Vegetable Sticks Sweet Corn and Broccoli** Stir Fry Zucchini and Corn **Vegetable Sticks** Sauce 玉米粒西兰花 蔬菜条 西葫玉米 蔬菜条 番茄菜花 Set Meal **Vegetable Sticks** Rice **Vegetable Sticks** Rice Rice 米饭 蔬菜条 米饭 蔬菜条 米饭 Allergy: flour, tomato Allergy: flour, beef, Allergy: chicken, crumb, Allergy: soya sauce Allergy: pork, soya sauce sauce, cheese, herb tomato sauce, herb cauliflower, tomato Fruit of the Day Fruit Fruit of the Day Fruit of the Day Fruit of the Day Fruit of the Day Drinks Milk/Yoghurt/Yakult Milk/Yoghurt/Yakult Milk/Yoghurt/Yakult Milk/Yoghurt/Yakult Milk/Yoghurt/Yakult Nutritional reading over the week Energy 热量(Kcal) Protein 蛋白质(g) Carbohydrate 碳水化合物(g) Fat 脂肪(g) 每周营养分析 726 24 105 27 **Nutritional recommendation** 

25

100

EAT LEARN

Chartwells

营养建议

www.compass-group.com.cn

25

725

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### WEEKLY

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#### DIARY DATES

Monday~Friday - May 22~26, 2023 Secondary Exams (G9-11)

Wednesday - May 31, 2023 Elementary Spring Show (Evening)

Wednesday~Tuesday - May 31~June 6, 2023 Middle Years University

Friday - June 2, 2023
Grade 1 2 Graduation Ceremony

Monday - June 5, 2023 Library Summer Books Check Out

Tuesday - June 6, 2023 Grade 5 Transition Ceremony

#### SPORTS DATES

May

### Welcome to the IST Sports and Co-Curricular Activities (CCA) Program for the 2022-2023 school year

#### Please take note of the following dates:

#### Season 3 Sport Schedule

- © Starts Monday, 6 Mar and ends Friday, 19 May
- © The program will run for approximately 10 school weeks
- O No CCAs during holidays and PTSCs (conferences)

#### Season three includes:

- HS Football (Mondays and Fridays 15:30 17:00)
- MS Basketball- (Tuesdays and Thursdays 15:30 17:00)
- HS Badminton (Mondays and Fridays 15:30 17:00)

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron\_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director (ben\_silvis@istianjin. org.cn)
- Ms. Guo Ying Activities Officer (CCA's) (ying\_guo@ istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports) (durian\_wang@istianjin.org.cn)
- © Activity Office: telephone 022-28592003 / extension 8150.