

**2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)**

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents

It was terrific seeing so many parents in at school this week at so many special community events! Wednesday was an especially busy time for our community with parents first attending the **final PFO meeting of the year**. I do wish to take a moment to thank our wonderful parents and especially the PFO committee members who commit so much time and effort over the course of each school year in service of our students, our staff, and our parents. This spirit of parental volunteerism is part of the bedrock of our school and community, and sets a wonderful example to our students of the importance of being engaged and of taking action for the benefit of others.

Then, immediately following on from the PFO meeting, parents set about preparing for the **Staff Appreciation Lunch**, feeding some 120 members of the IST faculty and support staff! The selection of dishes was amazing and I know everyone on my team was delighted to be treated to such a delicious and generous lunch. Thank you all so very much!

And then, as if it hadn't been a busy enough day already, parents returned to school for the **Elementary Spring Show 'The Jukebox Party'**. The theme of dance music from across the 60s, 70s, 80s, and 90s and the psychedelic backdrop certainly enthused the entire audience, and especially our very own golden oldy, Mr. Wallace! Congratulations to our amazing student performers, and the teachers and support staff who helped them prepare.

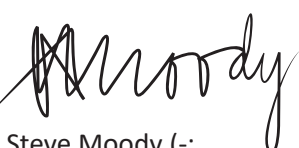
Rounding off this very busy week, we have the **Grade 12 Graduation Ceremony** later this afternoon in the Han Theatre. Graduation marks the conclusion of the secondary and final compulsory stage of schooling for our students (and the IB Diploma exams!), and thus the end of childhood, and heralds the commencement of tertiary studies and the world of work. We are all so very proud of our graduating students and we are excited to celebrate together their wonderful achievement of earning their high school diplomas. All members of our community are warmly invited to attend the ceremony (please be seated by 3:55PM), but if you can't attend, please consider tuning in on our livestream channel: <https://youtube.com/live/NFBRZOH5ens?feature=share>

Please note that we will be providing **AI assisted text and audio translation** at this afternoon's ceremony. A QR code will be displayed on the screen prior to the commencement of the ceremony, and all you need to do is scan it and select your preferred language. Please also note that you can also opt for sound instead of text, but you will need to bring along a set of ear pods so as not to distract others!

A reminder to parents that **the third and final session of CCAs ends this week** (although the Wednesday 'pay-to-participate' sessions that were cancelled this past Wednesday will now proceed next week). Please also be reminded that **all library books were due for return today**. Please check that you have no books at home, but if you do please be sure to return them on Monday. Thank you.

Assuming that the rain stays away, I will look forward to seeing many of you at school for tomorrow's PFO End of Year Picnic!

Have a terrific weekend.




Steve Moody (-: Director



## the Parent Partnership

This week has marked the exam week for Secondary school students. Even those who do not have sit-in exams will still have assessments from their respective subject classes to complete. Our students have been much busier throughout this week. Hence, taking care of your children during exam period is of utmost importance. This week's Parent Partnership provides some tips on how to support your children during this important time.



### 7 Ways That Parents Can HELP

- 1 Have high expectations and provide plenty of support**  
Both are needed to help your child improve, perform and develop resilience
- 2 Help them work smarter**  
Not all revision techniques are equal. Spacing out their revision and quizzes are better than cramming and highlighters
- 3 Cope well with their setbacks**  
There will be highs and lows. How you react to their lows will impact how many highs they have
- 4 Minimise distractions**  
Provide a revision area with minimum distractions (this include mobile phones!)
- 5 Rise and dine**  
Make sure they eat breakfast. It plays a big role in concentration and memory
- 6 Regular bedtimes and lots of sleep**  
If they sleep right, they will think right the next day
- 7 Avoid cabin fever**  
Encourage them to get fresh air each and every day



## BLAZE

WEEKLY

Working Learning Acting TOGETHER



## IST Library &amp; Information Literacy Center

## Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

## Summer Checkout

If you would like for your child to borrow books over the summer holiday, please sign and return the summer checkout slip (secondary students do not need a permission slip to borrow books over the summer).

Permission slips will be sent home this week and are also available at the library circulation desk and on SeeSaw. Summer checkout begins **Monday, June 3<sup>rd</sup>**.

**SUMMER BOOK CHECKOUT**

My child, \_\_\_\_\_ in class \_\_\_\_\_, has my permission to check out books over the summer holiday.

My child may check out up to ten (10) books for the summer holiday.

My child may check out up to twenty (20) books for the summer holiday.

Parent signature: \_\_\_\_\_

Please Note:

- All books are due the first week of the 2024-25 school year.
- You are responsible for any lost or damaged books.
- Please do not take IST library books out of China.

Return this form by  
**Monday,  
June 3**

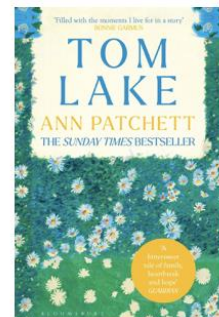
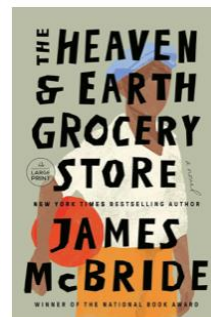
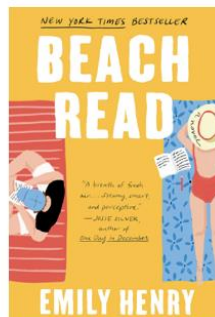
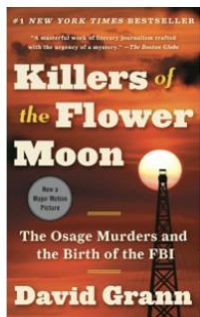
Summer Checkout:  
**June 3-6**

Please send an extra bag to take the books home

IST LIBRARY SUMMER CHECKOUT PERMISSION SLIP

## Summer Reading for Adults

Parents are also welcome to borrow library books over the summer. We have a wide range of fiction and nonfiction for adult readers. Here are just a few books available for summer checkout:



## Parent Book Club in August

Our next Parent Book Club selection is the memoir *Becoming* by Michelle Obama. We will meet to discuss this book in August when we return to school. The library has copies of the book in English, Chinese, and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.



**T H E**

# **B L A Z E**

FRIDAY 24 MAY 2024



**W E E K L Y**

**Working Learning Acting TOGETHER**



**THURSDAY  
6 JUNE**

# **MIDDLE YEARS UNIVERSITY**

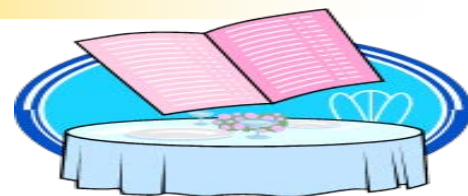
**MIDDLE YEARS UNIVERSITY (MYU) PROVIDES MYP STUDENTS WITH THE OPPORTUNITY TO ENGAGE IN PROJECT-BASED LEARNING. JOIN US TO CELEBRATE THEIR ACHIEVEMENTS!**

**WHERE: DELI MARCHE  
WHEN: 10AM - 12:50PM**

**DON'T MISS THE CHANCE TO EXPLORE THIS YEAR'S EXCITING PROJECTS, INCLUDING "AXIS AND ALLIES," "BOARD GAME PARTY," "DUNGEONS AND DRAGONS," AND "THE CULINARY COMPASS." AND THAT'S NOT ALL—THERE'S EVEN MORE TO DISCOVER!**



# BLAZE



WEEKLY

Working Learning Acting TOGETHER

## MENU G2-G12

	Monday 2024-05-27	Tuesday 2024-05-28	Wednesday 2024-05-29	Thursday 2024-05-30	Friday 2024-05-31
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Pizza Margherita 芝士比萨	Chicken Schnitzel 炸鸡排	Beef Lasagna 牛肉千层面	Chicken Fajita 墨西哥鸡肉	Wellington Pork Chops 惠灵顿猪排
	Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 Allergy: flour, cheese, tomato sauce	Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: chicken, breadcrumb	Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: beef, cheese, onion, pepper, milk	Stir fry Vegetable 炒时蔬 Roasted Potatoes 土豆角 Allergy: Cumin, cajun seasoning, pepper, sour cream, flour	Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: soya sauce
Asian From The Wok/Noodle Station	Spicy Noodle 重庆小面 Cucumber拌黄瓜 Fried Eggs 煎鸡蛋 Allergy: wheat, egg, seaweed, sesame	Steamed Rice with Sausage 腊味煲仔饭 Stir fry Beans 干煸豆角 Allergy: soy sauce, oyster sauce	Chicken Curry 咖喱鸡 Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: chicken, curry paste, coconut milk	Noodles with Beef Soup 牛肉板面 boiled Vegetable 煮蔬菜 Allergy: flour, beef	Indonesia Fried Rice with Chicken 印尼炒米饭配鸡肉 Stir fry Vegetable 炒时蔬 Shrimp Cracker 虾片 Allergy: samba sauce, onion, egg, ginger, shrimp cracker
	Vegetarian	Steamed Rice with Vegetable 蔬菜煲仔饭	Vegetable Curry 咖喱蔬菜	Vegetable Wrap 蔬菜卷	Frice Rice with Curry 咖喱炒饭
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Minestrone 通心粉汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		731	26	104	23
Nutritional recommendation 营养建议		725	25	100	25

## MENU NURSERY-G1

	Monday 2024-05-27	Tuesday 2024-05-28	Wednesday 2024-05-29	Thursday 2024-05-30	Friday 2024-05-31
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Vegetable Sandwich Fruit Cut
Set Meal	Margherita Pizza 比萨 Sweet Corn and Broccoli 玉米粒西兰花 Vegetable Sticks 蔬菜条 Allergy: flour, tomato sauce, cheese, herb	Steamed Rice with Sausage 广式香肠饭 Stir Fried Cabbage 炒洋白菜 Vegetable Sticks 蔬菜条 Allergy: oyster sauce, soya sauce	Pasta with Cheese 蝴蝶芝士面 Grilled Chicken with Vegetable 煎鸡胸肉 Vegetable Sticks 蔬菜条 Allergy: flour, herb	Pork Dumplings 猪肉白菜水饺 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic	Chicken burger 鸡肉汉堡 Vegetable Sticks 蔬菜条 Roasted Potato 烤土豆 Allergy: pork, soya sauce
	Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		726	25	105	27
Nutritional recommendation 营养建议		725	25	100	25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.



## DIARY DATES

Monday~Friday, May 27~31, 2024  
Middle Years University

Monday - June 3, 2024  
Library Summer Books Check Out

Wednesday - June 5, 2024  
Grade 5 Transition Ceremony

Friday - June 7, 2024  
Last Day of School (Half Day)  
Reports Sent Home  
Semester 2 Ends

## SPORTS DATES

## WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 3 Sport Schedule

- ☺ Starts Monday, 11 Mar and ends Friday, 24 May
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season three includes:

- ☺ HS Football – Mondays and Fridays – 15:30 – 17:00
- ☺ HS Badminton – Mondays and Fridays – 15:30 – 17:00
- ☺ MS Basketball – Tuesdays and Thursdays – 15:30 – 17:00

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy – Athletics Director  
(byron\_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis – Activities Director  
(ben\_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's)  
(ying\_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports)  
(durian\_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.