

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.



Dear Parents and Students

What a busy week for everyone ... parents too, with the **Secondary Open House** on Tuesday, and the **Elementary Open House and Parent Faculty Organization (PFO) Welcome Morning Tea and Meeting** yesterday. I was disappointed not to be present to greet parents at yesterday's events but unfortunately I was committed to a school inspection at Changchun American International School. I do understand, however (and as expected!) that both were well attended and that there was a wonderfully positive vibe amongst new and returning parents alike – a hallmark of school and community.

I have also already received a little feedback from parents indicating that parents enjoyed the format, and in particular the special interest sessions. If you would like to learn more about any of these topics, or if you have additional questions that you would like to ask, or comments about the format, please do not hesitate to contact the elementary and secondary offices to arrange a time to come in and talk.

The PFO has many aims but first and foremost it is a forum for community fellowship and sharing, and I therefore encourage all members of our community to attend the many activities, events and meetings coordinated by the PFO Committee, this year once again under the enthusiastic leadership of Kitty Shen and Anna Centermann. And please do note that all IST parents automatically become members of the PFO when they join our school, unlike some schools where one has to sign up or even pay membership fees!

As we settle into the new school year, I like to solicit feedback from new parents about their initial experience as new arrivals in our school, all with a view to taking steps to improve our service. **All new parents will receive a separate link on Monday to a very brief 10 question 'New Parent Survey' that should only take a minute or two to complete.** The surveys are in English, Chinese and Korean (sorry that we can't cater to all languages), and I do ask new parents to please try to find the minute or two necessary to complete the survey. All new parents should also expect telephone calls over the course of the first few weeks of school from our admissions offices, again geared to checking in on your family's experience so far in our school and community.

One piece of feedback I did receive from some parents (and students) early last week was that they were finding the school buildings to be a little cold. In response to this feedback, **we have adjusted the HVAC settings and I believe that we have once again found a temperature that is comfortable for the vast majority of students and staff** (as you can imagine, some like it hot and some like it cold!) As always, I do encourage you to let me know if you have any concerns or suggestions about school life, operations, and systems!

Upcoming World Celebration Dates...

Tuesday - September 5, 2023 IST's Birthday

Celebrated annually to commemorate the founding of our school, the International School of Tianjin (formerly TEDA International School, Tianjin) when it opened the doors of a converted downtown Tianjin villa to some 20 children in Grades 1 to 4 on 5 September 1994.



BLAZE

WEISHAN SOUTH ROAD,
SHUANGGANG, JINNAN DISTRICT
TIANJIN 300350 P.R.CHINA
TEL: 86 22 28592001
EMAIL: INFO@ISTIANJIN.ORG.CN
WWW.ISTIANJIN.ORG

WEEKLY

Working Learning Acting TOGETHER

A gentle reminder to all parents (and drivers and ays and family members authorized to hold an IST ID) that it is mandatory for all adults to wear an ID while on the IST campus. Quite often IDs are shown at the guard houses upon entry and registration, but are then left in pockets, bags or cars, meaning that we have adults on school who we cannot immediately confirm to be legitimate visitors to the campus. At IST we want to promote a community-oriented environment, which is why we seek to provide open door access to our community. However, in order to avoid the possibility of unauthorized adults moving around our school and to ensure student safety, it is necessary to enforce this simple expectation: **ADULTS MUST WEAR AN IST ID AT ALL TIMES.** Thank you for your support!

Please note that school-wide co-curricular activities (CCAs) commence this coming Monday. Please be sure to take note of the days on which your children attend these activities so that they are appropriately prepared and so that any necessary adjustments to personal transportation arrangements can be made. School CCA buses will arrive home approximately one hour later than on normal school days.

For those of you with children too young for school, or with friends with very little ones, please be advised that the **IST Baby Dragons Play Group meets Tuesday mornings from 9AM until 11AM** in the PFO Community Room. Participation is free and all are welcome (including other expatriates with infants who do not currently have children in our school). The first gathering will be this coming Tuesday, 5 September (the 29th anniversary of the opening of our school at #6 Munan Dao in the city, with just 20 children!)

Have a wonderful weekend everyone – enjoy the lovely late summer/early autumn weather, and thank you for being such a terrific community!

Warm regards



Steve Moody (-:

Director



the Parent Partnership

It's tough for both parents and kids when a child loses their cool. Some children grow frustrated easily. Some might even become aggressive.

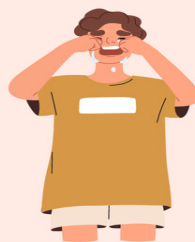
If your child loses their cool, it's important to teach them some skills to deal with their big feelings in a healthy way.

Want to Teach Kids A Lesson When They Lose Their Cool? Try one of these:

Grown-ups can tolerate their big feelings.



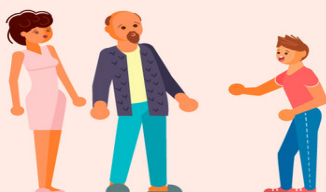
Feelings come and go.



They are loved no matter what.



They are safe.



Parents can co-regulate with them.



Regulating emotions takes practice.



BLAZE



WEEKLY

Working Learning Acting TOGETHER

IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.



Reading Aloud

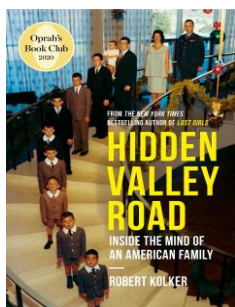
There are many benefits to reading aloud to your child. Research shows that reading aloud is the single most important thing parents can do to help a child prepare for reading and learning. It promotes early literacy and language development and supports the relationship between child and parent. Reading aloud also helps to foster a love of books and reading. For book recommendations, please stop by the IST Library any time and speak to one of the librarians. For more information about the importance of reading aloud, visit <https://www.readaloud.org>.

WHILE YOUR CHILD IS GROWING, KEEP GOING!

Learn more at [ReadAloud.org](https://www.ReadAloud.org)

Birthday books

If you would like to celebrate a special birthday with the IST Library Birthday Book Club, please contact the librarians at linnea_simon@istianjin.org.cn or deb_kienzle@istianjin.org.cn for more information on how to join.

Parent Book Club – Tuesday, Sept. 5th @ 8:30am in the library

Our next Parent Book Club selection is the nonfiction book *Hidden Valley Road: Inside the Mind of an American Family* by Robert Kolker. We will meet to discuss this book when we return to school on September 5th. The library has copies of the book in English and Chinese. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.



UNIVERSITY VISIT



THE UNIVERSITY
OF BRITISH COLUMBIA



- Date of Visit – 06 September 2023
 - Time of visit – 1:30pm to 2:10pm
 - Venue – IST Teacher Centre
- For Grade 11 & Grade 12 ONLY**



BLAZE

**WEEKLY****Working Learning Acting TOGETHER**

Dear Students, Faculty, and Supporters,

I am thrilled to announce the commencement of our much-awaited 1st sports season of the year! The past week witnessed the exhilarating kickoff of a journey filled with dedication, teamwork, and unwavering sportsmanship.

Our high school volleyball teams are taking the court by storm, showcasing their skills and passion every Monday and Friday. They will now be ramping up their intensity as they prepare for their first games, where they look to display the hard work and commitment they are putting into their training.

Middle school football teams are displaying their prowess on the fields every Tuesday and Thursday, as they look to follow in their HS team's past success while building the new generation of IST football stars.

Meanwhile, the finesse and strategy of middle school badminton unfolds every Wednesday and Thursday. In a game that demands precision and agility, these students will be looking to take their skills to new heights.

Last week saw the start of our practices, a crucial step in preparing our teams for the challenges that lie ahead. With each player pushing their limits, the practice sessions have set a resounding tone for the season. If you have missed these sessions but you are still interested in joining, please sign up as soon as possible. If you are unsure of how to sign up, please meet with Mr Kennedy in the PE office inside the gym.

Next Monday, our HS Volleyball team will play their first game of the season as they clash with TIS at their home ground. This matchup promises to be a showdown of skill, determination, and heart as these were the top two teams in the ISCOT league last year.

This isn't merely about sports; it's about character-building, growth, and fostering a sense of community. Our student-athletes embody the core values of our school, and their dedication is a testament to the spirit that defines us.

I invite you all to come together and support our teams throughout this exhilarating journey. Your cheers and encouragement play a significant role in boosting our athletes' morale and driving them to excellence. Let's rally behind our teams as they embrace the challenges, celebrate the victories, and learn from every experience. Together, we'll make this sports season one to remember.

Wishing all our athletes the best of luck!

GOOOOO BLAZING DRAGONS!!!!

Byron Kennedy
Athletic Director

New Merchandise for Schools

For this new school year, we have made some new IST sports water bottles, come by the advancement office (Han building 1st floor across from IT) to grab yours!



IST 2023 SPORTS WATER BOTTLE

SECURE LOCK

WITH STRAP

780 ML

¥38 FOR ONE
¥70 FOR TWO

***FOR COLD AND WARM WATER (≤50°C)**

BLAZE



WEEKLY


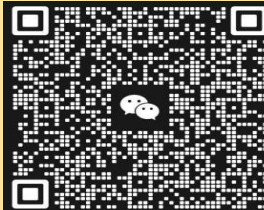
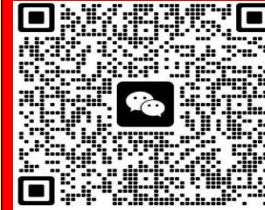
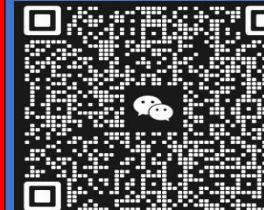


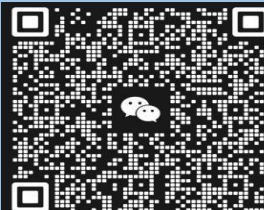
Working Learning Acting TOGETHER

ACTIVITIES FOR PARENTS

Several activities and classes are available for Parents at IST. Want to enjoy Yoga or Chinese dance? To meet with other parents and do an activity that you like? Do not hesitate, come and try!

Monday	Tuesday	Wednesday	Thursday	Friday
8:15/9:15am Yoga with Vicky 80rmb/class	9:00/11:00am IST Baby Dragons Playgroup FREE Under 4's PFO Room	8:15/9:15am Yoga with Vicky 80rmb/class	8:15/9:15am Yoga with Vicky 80rmb/class	8:30/10:00am Chinese corner Free
9:30/11: 30am English corner FREE ELEMENTRAY MEETING ROOM	9:30am/12am Chinese Painting 5 & below 100-110 rmb/class 6 above 50- 80even/class depending on the number of participants	10:00/10:50AM Zumba class ¥ 60/per person THEATER		
	9:30/11:00am Chinese Dance 60-80rmb/class			

All classes are held at IST, Black Box (Yoga/Chinese Dance) and in the room opposite to PFO room (Yoga/Painting). Scan the below QR codes to join the We Chat groups and get more information.

Chinese Painting 	Yoga with Vicky 	IST Baby Dragons 	Chinese Dance 	Chinese corner 
ENGLISH Corner 	Zumba Class 			

BLAZE



WEEKLY

Working Learning Acting TOGETHER



LEARN ENGLISH WITH FRIENDS!

English Corner



EVERYONE WELCOME!

Monday 9:30-11:30
starting from 4th September
Elementary Meeting Room



BLAZE

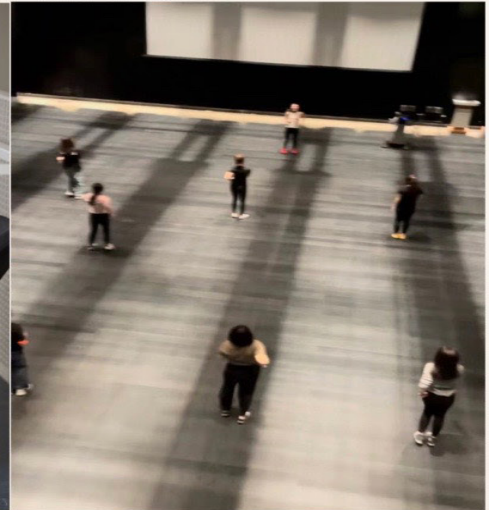
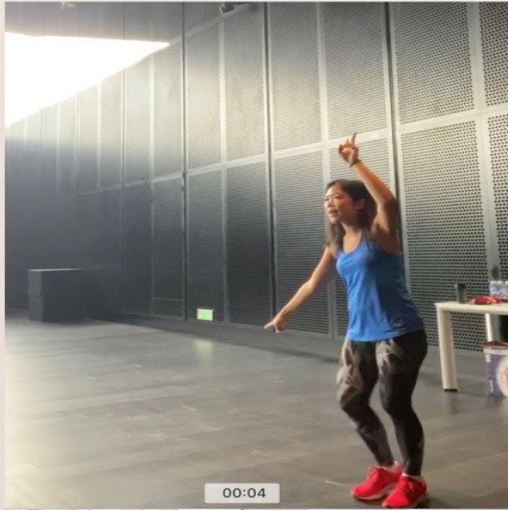


W E E K L Y

Working Learning Acting TOGETHER

Zumba Class

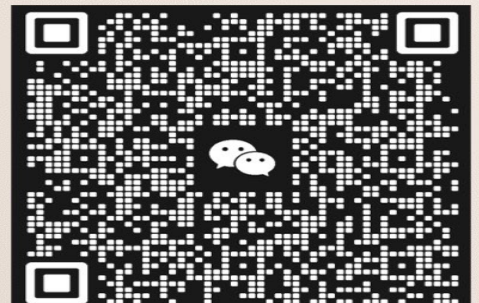
— dance with Allie Su



**Class start 13th September
at 10AM
Every Wednesday**

¥60/per person

location: Theater



BLAZE



WEEKLY

Working Learning Acting TOGETHER

IST Baby dragons Playgroup

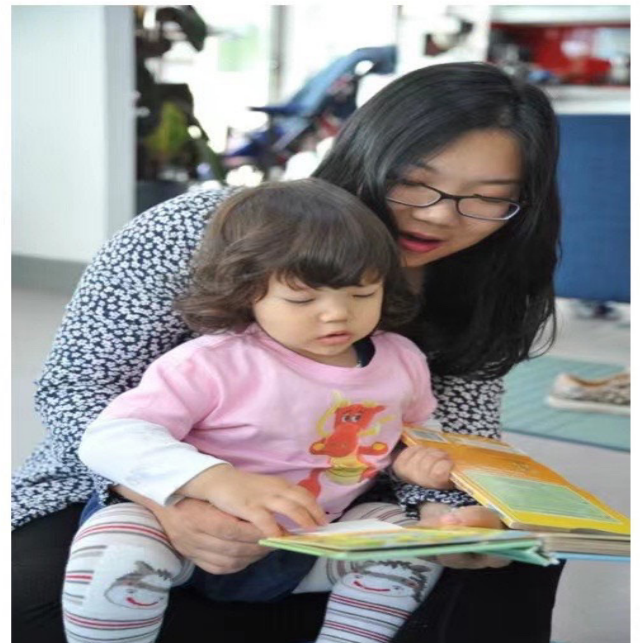
Every Tuesday 9-11 am in the PFO room

starting from **5th September**



Come along and meet other parents, enjoy free play and music time with snacks and outside play!

Friends and their children from outside IST are invited too - must be a foreign passport holder.



BLAZE



WEEKLY

Working Learning Acting TOGETHER

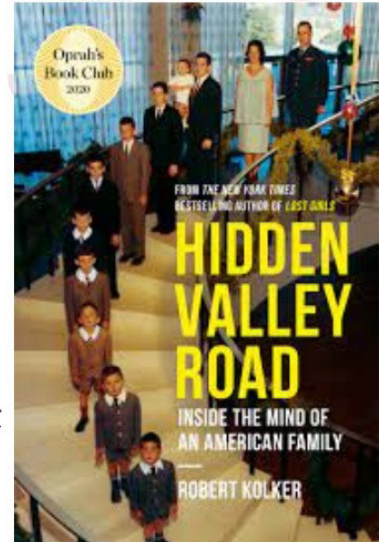
Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

This month's book is *Hidden Valley Road* by Robert Kolker. The library has copies in English and Chinese.

Our next meeting is Tuesday 5th September at 8.30am in the Library.

Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!





Chinese Painting

Welcome to join us!



Cost

5 & below: **RMB100-110**
5 above: RMB 50-80 depending
on the number of participants

Location

Elementary Meeting room
opposite the PFO room

Time

**Every Tuesday from
9:30-12:00**



**start from 5th of
September**

BLAZE



WEEKLY

Working Learning Acting TOGETHER

PFO WELCOME LUNCH

Thursday 7th September
11am to 2pm

AT ST REGIS TIANJIN

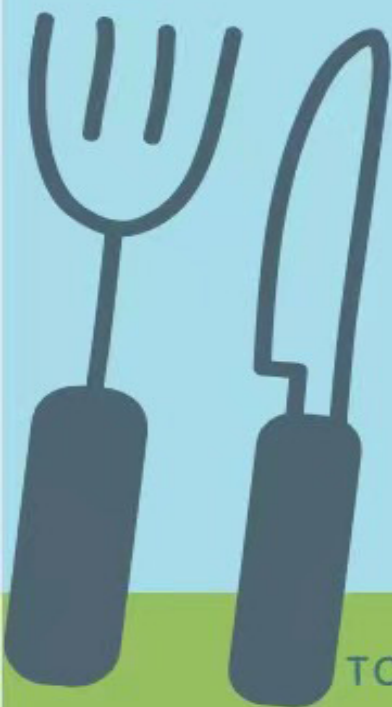
PRICE 200 RMB

PICK UP:

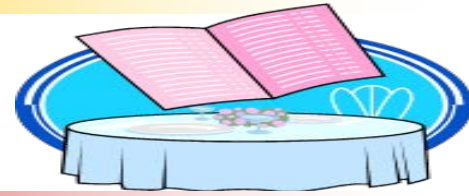
IST: 10AM
Ao Cheng
10:25 AM



TO JOIN PLEASE SCAN THE QR CODE!



BLAZE



WEEKLY

Working Learning Acting TOGETHER

EAT LEARN LIVE						MENU G2-G12					
	Monday 2023-09-04	Tuesday 2023-09-05	Wednesday 2023-09-06	Thursday 2023-09-07	Friday 2023-09-08						
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day		Seasonal Fresh Salad Bar Fruit of the Day		Seasonal Fresh Salad Bar Fruit of the Day		Seasonal Fresh Salad Bar Fruit of the Day		Seasonal Fresh Salad Bar Fruit of the Day		
Western From The Grill Station	Macaroni Tomato with Creamy Cheese Sauce 奶油芝士焗面	Chicken w/ Soya Onion 扒酱油鸡洋葱	Chili Con Carne 墨西哥炒牛肉馅	Chicken Burger 鸡肉汉堡	Spaghetti Bolognese 肉酱面						
	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒蔬菜	Steamed Black Beans 蒸黑豆	French Fries 薯条	Stir fry Vegetable 炒时蔬						
	Allergy: milk, flour, cheese	Allergy: onion, herb	Allergy: beef, pepper, onion, cumin, cajun seasoning, black beans	Allergy: chicken, flour, tomato, cucumber, lettuce, mayonnaise	Allergy: beef, cheese powder, tomato sauce, herb						
Asian From The Wok/Noodle Station	Sauteed Tomato and Egg 西红柿炒鸡蛋	Steamed Rice with Sausage 腊味煲仔饭	Kung-Pao Chicken 宫保鸡丁	Noodles with Pork Soup 豚骨拉面	Chicken Teriyaki 日式照烧鸡排						
	Sliced Potatoes with Pepper 青椒土豆丝	Stir fry Vegetable 炒蔬菜	Steamed Rice 米饭	boiled Vegetable 煮蔬菜	Stir fry Cabbage 炒洋白菜						
	Allergy: wheat, egg	Allergy: wheat, soy sauce, oyster sauce	Allergy: soya sauce, chili	Allergy: flour, pork	Allergy: Soya sauce, green garlic, ginger, breadcrumb						
Vegetarian		Steamed Rice with Vegetable 蔬菜煲仔饭	Kung-Pao Vegetables 宫保蔬菜	Vegetable Burger 蔬菜汉堡	Spaghetti with Tomato Sauce 番茄意大利面						
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Borch 罗宋汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤						
Dessert	Swiss Roll 瑞士卷	Mini Muffin 小玛芬	Mousse 木司	Carrot Cake 胡萝卜蛋糕	Chocolate Cake 巧克力蛋糕						
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)						
每周营养分析		715	26	102	16						
Nutritional recommendation 营养建议		725	25	100	25						

EAT LEARN LIVE | Chartwells | www.compass-group.com.cn

EAT LEARN LIVE						MENU NURSERY-G1					
	Monday 2023-09-04	Tuesday 2023-09-05	Wednesday 2023-09-06	Thursday 2023-09-07	Friday 2023-09-08						
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Cookies Fruit Cut	Banana Bread Fruit Cut	Vegetable Sandwich Fruit Cut						
Set Meal	Margherita Pizza 比萨	Sauteed Chicken with Broccoli 西兰花炒鸡肉	Baked Beef Macaroni 小弯牛肉面	Teriyaki Chicken 日式照烧鸡排	Pork Stew 卤肉饭						
	Sweet Corn and Broccoli 玉米粒西兰花	Vegetable Sticks 蔬菜条	Stir Fry Zucchini and Corn 西葫玉米	Cauliflower with Tomato Sauce 番茄菜花	Vegetable Sticks 蔬菜条						
	Vegetable Sticks 蔬菜条	Rice 米饭	Vegetable Sticks 蔬菜条	Rice 米饭	Rice 米饭						
	Allergy: flour, tomato sauce, cheese, herb	Allergy: soya sauce	Allergy: flour, beef, tomato sauce, herb	Allergy: chicken, crumb, cauliflower, tomato	Allergy: pork, soya sauce						
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day						
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult						
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)						
每周营养分析		726	24	105	27						
Nutritional recommendation 营养建议		725	25	100	25						

EAT LEARN LIVE | Chartwells | www.compass-group.com.cn

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.

DIARY DATES

Monday~Friday - September 11~15, 2023
WWWs (G6-12)

Saturday - September 23, 2023
PFO Picnic

Friday - September 29, 2023
Mid-Autumn Festival Day

Monday~Friday - October 2~6, 2023
National Holidays

Tuesday - October 24, 2023
UN Day

SPORTS DATES

4-Sep
HS Volleyball (vs TIS)

21-Sep
MS Football (vs TIS)

23-Sep
ISCOT MS Badminton Tournament

25-Sep
HS Volleyball (vs TGA)

26-Sep
MS Football (vs TGA)

28-Sep
MS Football (vs WC)

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Monday, 4 Sep and ends Friday, 17 Nov
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season one includes:

- ☺ HS Football -(Mondays and Fridays 15:30 – 17:00)
- ☺ MS Basketball-(Tuesdays and Thursdays 15:30 – 17:00)
- ☺ HS Badminton-(Mondays and Fridays 15:30 – 17:00)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy – Athletics Director
(byron_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis – Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's)
(ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports)
(durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.