

2023-24 IST Community-wide Goal: Understanding and Promoting the Diversity of Knowledge (IBLP)

Our community welcomes and values the multiplicity of interests, ideas, and beliefs and values that exist within our international community living here in Tianjin, and beyond, and we are committed to providing a safe, open-minded, and inclusive environment for all. In embracing physical and socio-cultural diversity, we also champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepens conceptual understanding and intellectual growth and independence. We listen carefully when considering alternative points of view, and we are willing to grow and change as a result of sincere intellectual inquiry and discourse. We will engage with issues and ideas that have local and global significance, we challenge injustice, and we take personal and professional responsibility for our roles, responsibilities and actions, and their consequences.

Dear Parents and Students,

Mr. Moody is away visiting various other schools in southern China and has asked me to write this week's message for the BLAZE.

This has been a terrific start to the school year and as the Secondary Principal, I am delighted to know that our students will be heading off for their Week Without Walls excursions in the coming week. I have mentioned on other occasions how important such activities are for students however, I think it is worthwhile to remind our entire community about the intention behind these events. Week Without Walls is not merely a chance to see a different part of China or to be away from regular classes. For students and teachers, it is a chance to get to learn more about each other in a completely new and unique environment. Students will hopefully begin to see their teachers as more than mere content experts and, teachers will be able to see their students in a setting that is completely different from the regular classroom. Another crucial issue during Week Without Walls is that of friendship. Week Without Walls is not only a chance for students to strengthen the bonds of existing friendships but it also provides them an opportunity to explore new friendships with courage and openness. In my remarks to some parents during the Secondary Open House, I reminded parents that one cannot show courage without first being fearful. Courage requires fear and discomfort. Otherwise, we cannot call ourselves courageous. The same is true of those things in life of which we are most proud. These things are often obstacles which we have encountered and overcome through hard work and great effort. People are rarely proud of those things which have come to them easily. Instead, we feel proud of our achievements in life specifically because they were hard to accomplish and took both courage and great effort. And so, Week Without Walls is something which can be a matter of courage for many of our students. They will undoubtedly face obstacles during their adventures, but those students who engage with those obstacles with courage and determination are the ones who will be able to return from their trips and feel proud of their accomplishments.

This notion is one which applies across all parts of our school and in both the Elementary and Secondary. IST works exceptionally hard to keep students safe and engaged in their learning. But it is important that we all acknowledge that genuine learning requires challenge. In the second paragraph of the IST Philosophy, it states that, "Our students love to learn." Mr. Moody often reminds staff that this statement must be true because all humans naturally enjoy learning, and we feel good about the outcomes of our learning. Of course, Mr. Moody is completely correct in his assertion. And so, if our students love to learn, then it stands to reason that our students must love to be challenged.

Whether we are going away for Week Without Walls or joining a sports team, taking a new and difficult subject, or just getting to know new classmates, I hope that parents will remind their children that they should embrace challenges and look for ways to show courage in face of obstacles. And of course, encourage them to remember that at IST, these obstacles are not things that they face alone. These are things that we face by working, learning and acting together!

Warm regards,

Michael Conway
Secondary Principal / Deputy Director



the Parent Partnership

When I was studying my counseling diploma, I came across this information: A 75 year long study of adult development at Harvard Medical School had one main finding which is “Good relationships”- not wealth or accolades or privilege – “keep us happier and healthier.”

Try the following tips to build or maintain your good connections with your children.

6 Ways To Build Connection With Kids

I was thinking about you while you were at school today.



I'm so lucky to be your parent.



I've been thinking about what you told me the other day.



I love you no matter what. Even when we argue, nothing changes how I feel.



I'd love to join you in that game.



I learn things from you all the time.



BLAZE



WEEKLY

Working Learning Acting TOGETHER

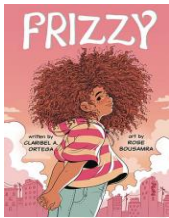
IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Read an Award Winner

Borrow one of these 2023 award-winning books from the library.



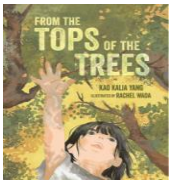
Frizzy by Claribel A. Ortega; illustrated by Rose Bousamra. Winner of the Pura Belpre Children's Author Award.

Tired of going to the salon to have her curls straightened every weekend, Marlene slowly learns to embrace her natural curly hair with the help of her best friend and favorite aunt.



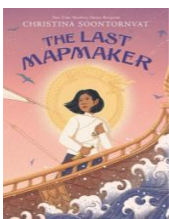
Maizy Chen's Last Chance by Lisa Yee. Winner of the Asian/Pacific American Children's Literature Award; Newbery Honor.

In Last Chance, Minnesota, with her family, Maizy spends her time at the Golden Palace, the restaurant that's been in her family for generations, where she makes some discoveries requiring her to go on a search for answers.



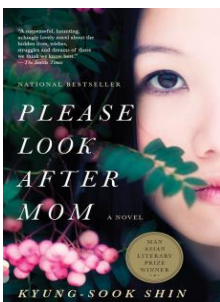
From the Tops of the Trees by Kao Kalia Yang; illustrated by Rachel Wada. Winner of the Asian/Pacific American Picture Book Award.

A powerful true story of a young girl who has never known life outside a refugee camp and a father determined to help her dream beyond the fences that confine them.



The Last Mapmaker by Christina Soontornvat. Winner of the Newbery Honor.

Sai, an assistant to a celebrated mapmaker, seizes the chance to escape a troubled past and join an expedition to chart the southern seas. But she isn't the only one aboard with secrets.

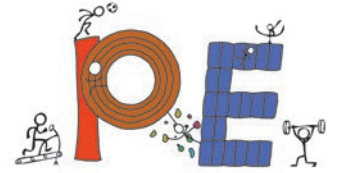
Parent Book Club—October 17th @8:30 in the library

Our next Parent Book Club selection is the novel *Please Look After Mom* by Kyung-Sook Shin. We will meet to discuss this book after the National Holidays, on October 17th. The library has copies of the book in English, Chinese and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book. Contact one of our library staff to join our WeChat group.

Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30

BLAZE



W E E K L Y

Working Learning Acting TOGETHER

Athletics update

This Monday, both IST's High School Boys' and Girls' volleyball teams travelled to TIS to play in their first game of the volleyball season. The girls played with great determination and spirit to convincingly secure a hard-earned victory against the opposing team. The boys' team was determined and played hard as well, however, fell short in the end, losing by 2 points in the third and final set, ending in a 2 to 1 win for TIS. Nonetheless, both teams showed a great amount of heart and effort in their matches, with the whole remainder of the season still there to create more opportunities to improve.
– Jonas Tschoepel

Below is the write-up from our team coaches:

HS Boys Volleyball – IST vs TIS

In a closely contested volleyball match between the TIS and IST teams, both sides fought hard in a best-of-three showdown. With only a handful of spectators in attendance, each set turned into a closely contested battle. IST claimed the first set, displaying their skills and teamwork. However, TIS, enjoying the support of their small but enthusiastic crowd, didn't back down. They made a remarkable comeback. The second and third sets belonged to the home team, TIS, who capitalized on their home advantage. The final set, typically played to 15 points, turned into a nail-biter, extending to an 18-16 finish in favor of TIS.

In the end, it was the home team's determination that made the difference. It was a display of skill and sportsmanship from both sides and promises to be a great season for both teams.

Go Dragons Go – Mr Silvis



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HS Girls Volleyball – IST vs TIS.

In an exciting high school volleyball match, IST faced off against TIS, and the girls from IST secured a hard-fought 2-0 win. Throughout the match, IST faced challenges with their serving with accuracy and consistency being areas they acknowledged they need to work on. Despite this, the girls showed remarkable resilience and adaptability in other aspects of the game, such as their defense, communication, and teamwork.

Recognizing the room for improvement in their serving game, IST remains determined to refine this crucial skill and continue their growth as a team. Despite this challenge, their victory against TIS highlights their determination and potential to further excel in the future. It's a testament to their dedication and commitment to becoming stronger competitors in high school volleyball season. – Ms Lily Yang



New Merchandise for Schools

For this new school year, we have made some new IST sports water bottles, come by the advancement office (Han building 1st floor across from IT) to grab yours!



IST 2023 SPORTS WATER BOTTLE

SECURE LOCK

WITH STRAP

780 ML

¥38 FOR ONE
¥70 FOR TWO

***FOR COLD AND WARM WATER (≤50°C)**

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The student cartoon by Chris Ham, Mi Na Son and Ju Yeop Park, is part of a CAS project for the IB Diploma Programme. As such, the cartoon engages with a complex matter in an effort to bring nuance and perspective to a sensitive topic. This is in keeping with our schoolwide goal where we, "champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepen conceptual understanding and intellectual growth and independence."

The purpose of this CAS project is to explore complex themes with care and attention to multiple points of view. The views expressed in the work are not necessarily representative of the International School of Tianjin.

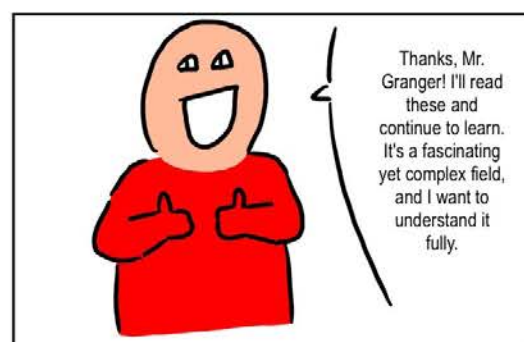
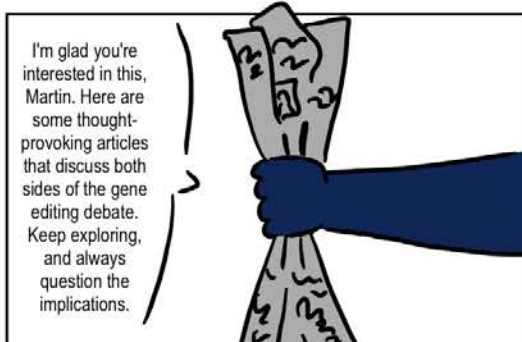
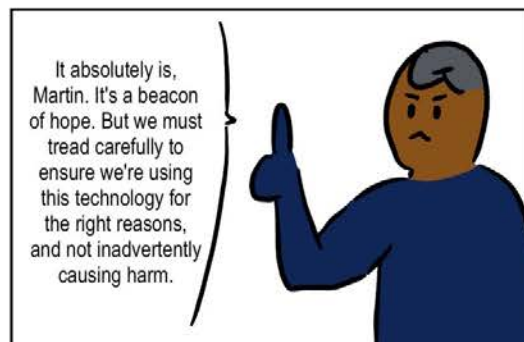
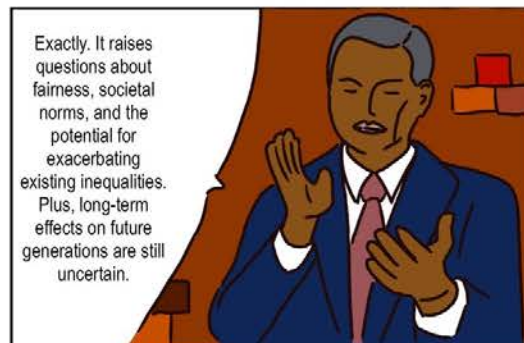
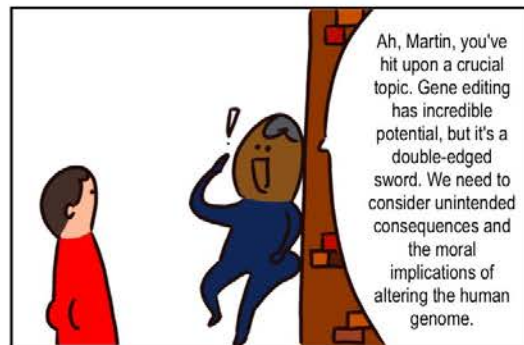
MEDI-COMICS



Raising awareness of heated health issues

Written by Seung Woo Ham

Illustrated by Ju Yeop Park



BLAZE



WEEKLY

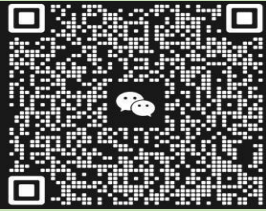
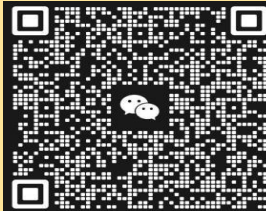
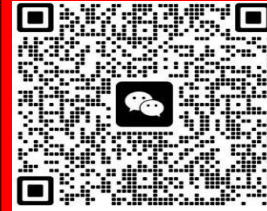
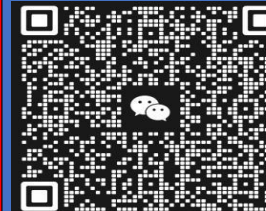


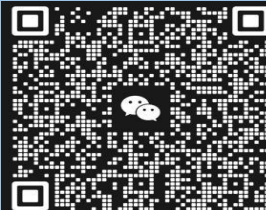
Working Learning Acting TOGETHER

ACTIVITIES FOR PARENTS

Several activities and classes are available for Parents at IST. Want to enjoy Yoga or Chinese dance? To meet with other parents and do an activity that you like ? Do not hesitate, come and try!

Monday	Tuesday	Wednesday	Thursday	Friday
8:15/9:15am Yoga with Vicky 80rmb/class	9:00/11:00am IST Baby Dragons Playgroup FREE Under 4's PFO Room	8:15/9:15am Yoga with Vicky 80rmb/class	8:15/9:15am Yoga with Vicky 80rmb/class	8:30/10:00am Chinese corner Free
9:30/11:30am English corner FREE ELEMENTARY MEETING ROOM	9:30am/12am Chinese Painting 5 & below 100-110 rmb/class 6 above 50- 80even/class depending on the number of participants	10:00/10:50AM Zumba class ¥ 60/per person THEATER		
	9:30/11:00am Chinese Dance 60-80rmb/class			

All classes are held at IST, Black Box (Yoga/Chinese Dance) and in the room opposite to PFO room (Yoga/Painting). Scan the below QR codes to join the We Chat groups and get more information.

Chinese Painting 	Yoga with Vicky 	IST Baby Dragons 	Chinese Dance 	Chinese corner 
ENGLISH Corner 	Zumba Class 			



PFO PICNIC

Bring a picnic blanket and pack your lunch or you can buy from food and drink vendors at the event!

SATURDAY, SEPTEMBER 23

11:00AM~3:00PM

Activities:

- Face Painting
- Hair Dye
- Tattoos
- Water Fun
- Football Game
- Bubble Machine
- Tug of War
- Bouncy Castle

Vendors:

- Korean Chicken
- Dmart
- Trolley
- LeCrobag bakery
- Clown. & Cotton Candy
- Man Pin Jian (MPJ)
- Indian food
- Business Tianjin
- Richie's Bakery
- Yummy Bakery



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WEEKLY

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PFO COOKING CLUB

Food theme: The Japanese cooking class

Menu:

- Tempura
- Chirashi Zushi
- Suimono Soup
- Dashimaki Egg
- Mitarashi Dango



When: 20th Sep 9:30am-2pm

Where: IST Elementary Kitchen

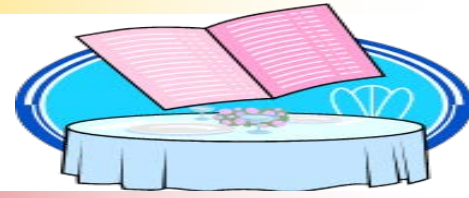
Host: Rie Sasakabe

Cost: 100 RMB per person

Please join the WeChat group by scanning this QR code:
Max 16 participants, first-come first-served.



BLAZE



WEEKLY

Working Learning Acting TOGETHER

EAT LEARN LIVE MENU G3 - G12					
	Monday 2023-09-11	Tuesday 2023-09-12	Wednesday 2023-09-13	Thursday 2023-09-14	Friday 2023-09-15
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 Allergy: flour, cheese, tomato sauce	Chicken Schnitzel 炸鸡排 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: chicken, breadcrumb	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: beef, cheese, onion, pepper, milk	Chicken Fajita 墨西哥鸡肉 Stir fry Vegetable 炒时蔬 Roasted Potatoes 土豆角 Allergy: Cumin, cajun seasoning, pepper, sour cream, flour	Beef Goulash 红烩牛肉 Steamed Rice 米饭 Allergy: tomato sauce, beef
Asian From The Wok/Noodle Station	Spicy Noodle 重庆小面 Cucumber 拌黄瓜 Allergy: wheat, egg, seaweed, sesame	Noodle with Beef Soup 牛肉面 Boiled Vegetable 煮蔬菜 Allergy: beef, flour	Chicken Curry 咖喱鸡 Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: chicken, curry paste, coconut milk	Kimbab 韩式饭卷 Fried Rice Cake 辣炒年糕 Allergy: seaweed, sesame, kimchi	Indonesia Fried Rice with Chicken 印尼炒米饭配鸡肉 Stir fry Vegetable 炒时蔬 Shrimp Cracker 虾片 Allergy: samba sauce, onion, egg, ginger, shrimp cracker
Vegetarian		Noodles with Vegetable Soup 蔬菜面	Vegetable Curry 咖喱蔬菜	Kimbab 韩式饭卷	Fried Rice with Soya Sauce 酱油炒饭
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Minestrone 通心粉汤	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		731	26	104	23
Nutritional recommendation 营养建议		725	25	100	25

EAT LEARN LIVE MENU NURSERY-G2					
	Monday 2023-09-11	Tuesday 2023-09-12	Wednesday 2023-09-13	Thursday 2023-09-14	Friday 2023-09-15
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut
Set Meal	Stir Fry Noodles 炒面 Stir fry Vegetable 炒时蔬 Vegetable Sticks 蔬菜条 Allergy: flour, soya sauce, oyster sauce	Chicken Curry 咖喱鸡肉 Vegetable Sticks 蔬菜条 Steamed Rice 米饭 Allergy: coconut, curry paste	Pork Rolls 猪肉卷 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic	Baked Fusilli w/Meat patty 螺旋面配牛肉饼 Stir Fry Zucchini and Corn 西葫芦玉米 Vegetable Sticks 蔬菜条 Allergy: Beef, onion, tomato sauce	Italian Sausage with Beans and Vegetables 意大利烩香肠豆子蔬菜 Vegetable Sticks 蔬菜条 Steamed Rice 米饭 Allergy: chicken sausage, beans, herb, tomato sauce
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Drinks	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult	Milk/Yoghurt/Yakult
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水化合物 (g)	Fat 脂肪 (g)
每周营养分析		730	26	105	24
Nutritional recommendation 营养建议		725	25	100	25

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.

DIARY DATES

Monday~Friday - September 11~15, 2023
WWWs (G6-12)

Saturday - September 23, 2023
PFO Picnic

Friday - September 29, 2023
Mid-Autumn Festival Day

Monday~Friday - October 2~6, 2023
National Holidays

Tuesday - October 24, 2023
UN Day

SPORTS DATES

21-Sep
MS Football (vs TIS)

23-Sep
ISCOT MS Badminton Tournament

25-Sep
HS Volleyball (vs TGA)

26-Sep
MS Football (vs TGA)

28-Sep
MS Football (vs WC)

WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2023-2024 SCHOOL YEAR

Please take note of the following dates:

Season 1 Sport Schedule

- ☺ Starts Monday, 4 Sep and ends Friday, 17 Nov
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Season one includes:

- ☺ HS Football -(Mondays and Fridays 15:30 – 17:00)
- ☺ MS Basketball-(Tuesdays and Thursdays 15:30 – 17:00)
- ☺ HS Badminton-(Mondays and Fridays 15:30 – 17:00)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy – Athletics Director
(byron_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis – Activities Director
(ben_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's)
(ying_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports)
(durian_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.