

MENU G3-G12

	Monday 2024-08-12	Tuesday 2024-08-13	Wednesday 2024-08-14	Thursday 2024-08-15	Friday 2024-08-16
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western Food	Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 Allergy: flour, cheese, tomato sauce	Chicken Stewed French Style 法式红烩鸡 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 Allergy: soya sauce	Beef Lasagna 牛肉千层面 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: beef, cheese, onion, pepper, milk	Chicken Fajita 墨西哥鸡肉 Stir fry Vegetable 炒时蔬 Roasted Potatoes 土豆角 Allergy: Cumin, cajun seasoning, pepper, sour	Chicken Schnitzel 炸鸡排 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: chicken, breadcrumb
Asian Food	Vegetables Curry 咖喱蔬菜 Steamed Vegetable 蒸时蔬 Steamed Rice 米饭 Allergy: coconut, curry paste	Spicy Pork Thai Style 泰式猪肉饭 Fried Eggs 煎鸡蛋 Steamed Rice 米饭 Allergy: ground pork, onion, pepper, chili	Hainanese Chicken Rice 海南鸡饭 Stir Fried Cabbage 素炒洋白菜 Allergy: soya sauce, chili	Kimbab 韩式饭卷 Fried Rice Cake 辣炒年糕 Allergy: seaweed, sesame, kimchi	Thai Fried Rice with Pineapple and Shrimps 泰式虾仁菠萝炒饭 Stir fry Vegetable 炒时蔬 Allergy: shrimps, pineapple
Noodle Dishes	Spicy Noodle 油泼面 Cucumber 拌黄瓜 Fried Eggs 煎鸡蛋 Allergy: wheat, egg, sesame	Deep Fried Chicken Wraps 墨饼夹鸡柳 Stir fry Potatoes 炆土豆丝 Allergy: chili, soya sauce	Pork Dumplings 猪肉水饺 Mixed Vegetables 素什锦 Allergy: soy sauce, wheat	Noodles with Beef Soup 牛肉板面 boiled Vegetables 煮蔬菜 Allergy: flour, beef	Spaghetti Bolognese 肉酱面 Stir fry Vegetable 炒蔬菜 Allergy: beef, tomato
Vegetarian		Vegetable Rolls 蔬菜卷	Vegetable Dumplings 蔬菜水饺	Vegetable Kimbab 蔬菜饭卷	Spaghetti with Tomato Sauce 番茄意面
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Green Pea Soup 绿豆汤	Vegetable and Egg Soup 蔬菜鸡蛋汤	Lotus Seed and White Fungus Sweet Soup 银耳莲子羹
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔

