

MENU G3-G12

	Monday 2024-08-19	Tuesday 2024-08-20	Wednesday 2024-08-21	Thursday 2024-08-22	Friday 2024-08-23
Salad/Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Western From The Grill Station	Parmigiana Eggplant 意式芝士烤茄子 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 Allergy: milk, wheat, cheese	Chicken and Ham Roll 火腿芝士鸡肉卷 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: milk, cheese, herb	Chili Con Carne 墨西哥炒牛肉馅 Steamed Black Beans 蒸黑豆 Steamed Rice 米饭 Allergy: beef, pepper, onion, cumin, cajun seasoning	Chicken Burger 鸡肉汉堡 French Fries 薯条 Allergy: chicken, flour, mayonnaise	Beef Goulash 红烩牛肉 Stir fry Vegetable 炒时蔬 Steamed Rice 米饭 Allergy: beef, tomato sauce, herb
Asian From The Wok/Noodle Station	Stir Fried Tomato with Egg 西红柿鸡蛋 Stir Fried Potatoes with Green Pepper 青椒土豆丝 Steamed Rice 米饭 Allergy: egg	Stir Fried Pork with Chili 韩式辣椒炒猪肉 Stir fry Cabbage 炒洋白菜 Steamed Rice 米饭 Allergy: chili, pork, garlic	Stir Fried Chicken with Lemon 柠檬炒鸡 Stir fry Vegetables 炒时蔬 Steamed Rice 米饭 Allergy: soya sauce	Pork Teriyaki 日式照烧猪排 Stir fry Vegetables 炒时蔬 Steamed Rice 米饭 Allergy: Soya sauce, garlic	Indonesia Fried Rice with Chicken 印尼炒米饭配鸡肉 Stir fry Vegetables 炒时蔬 Shrimp Cracker 虾片 Allergy: samba sauce, onion, egg, ginger, shrimp cracker
Noodle Dishes	Noodle with Pork in Korean Bean Paste or Chili Pasta 韩式炸酱面/火鸡面 Fried Eggs 煎鸡蛋 Allergy: egg, bean	Noodles with Pork Soup 豚骨拉面 boiled Vegetable 煮蔬菜 Allergy: flour, pork	Pork Stewed in Pita Bread 白吉馍夹五花肉 Stir fry Potatoes 炆土豆丝 Allergy: soy sauce, oyster sauce	Noodles with Seafood Broth 三鲜打卤面 boiled Vegetable 煮蔬菜 Allergy: dried tofu, shrimp	Eggplant with Ground Pork 大饼茄夹 Mixed Vegetables 素什锦 Allergy: pork, eggplant
Vegetarian		Noodle with Tomato Sauce 番茄面	Vegetables in Pita Bread 饼夹蔬菜	Noodles in Vegetable Sauce 打卤素面	Frice Rice with Vegetables 蔬菜炒饭
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Red Bean Soup 红豆薏米汤	Tomato and Egg Soup 西红柿鸡蛋汤	Vegetable and Egg Soup 蔬菜鸡蛋汤
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔