

MENU NURSERY-G2

	Monday 2024-08-19	Tuesday 2024-08-20	Wednesday 2024-08-21	Thursday 2024-08-22	Friday 2024-08-23
Snack	Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Vegetable Pie Fruit Cut	Cheese Sandwich Fruit Cut
Set Meal	Stir Fry Noodles 炒面 Stir fry Vegetable 炒时蔬 Vegetable Sticks 蔬菜条 Allergy: flour, soya sauce, oyster sauce	Chicken Curry 咖喱鸡肉 Vegetable Sticks 蔬菜条 Steamed Rice 米饭 Allergy: coconut, curry paste	Pork Rolls 猪肉卷 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic	Noodles with Tomato Sauce 西红柿鸡蛋打卤面 Stir Fry Zucchini and Corn 西葫玉米 Vegetable Sticks 蔬菜条 Allergy: dried tofu, egg	Chicken burger 鸡肉汉堡 Vegetable Sticks 蔬菜条 Roasted Potato 烤土豆 Allergy: chicken, wheat
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week	Energy 热量 (Kcal)		Protein 蛋白质 (g)		Fat 脂肪 (g)
每周营养分析	730		27		26
Nutritional recommendation	Energy 热量 (Kcal)		Protein 蛋白质 (g)		Fat 脂肪 (g)
营养建议	725		25		25

Morning snack offer available at 6 rmb